



# Med Health



January 7, 2020 MedHealth Mixer

# Welcome

Paul Riser, TechTown



[MedHealthInnovation.org](http://MedHealthInnovation.org)

# Agenda

- Keynote Speaker
- MedHealth and the 2020 Summit
- Becoming Involved in the 2020 Summit
- MedHealth Summit Success Story
- Networking

# Improving Population Health Outcomes through Innovation

Dr. Phillip D. Levy, Wayne State University



[MedHealthInnovation.org](http://MedHealthInnovation.org)

# Improving Population Health Outcomes Through Innovation

**Phillip D. Levy, MD, MPH, FACEP, FAHA, FACC**

**Professor and Associate Chair for Research**

**Department of Emergency Medicine**

**Assistant Vice President for Translational Science and Clinical Research Innovation**

**Wayne State University**

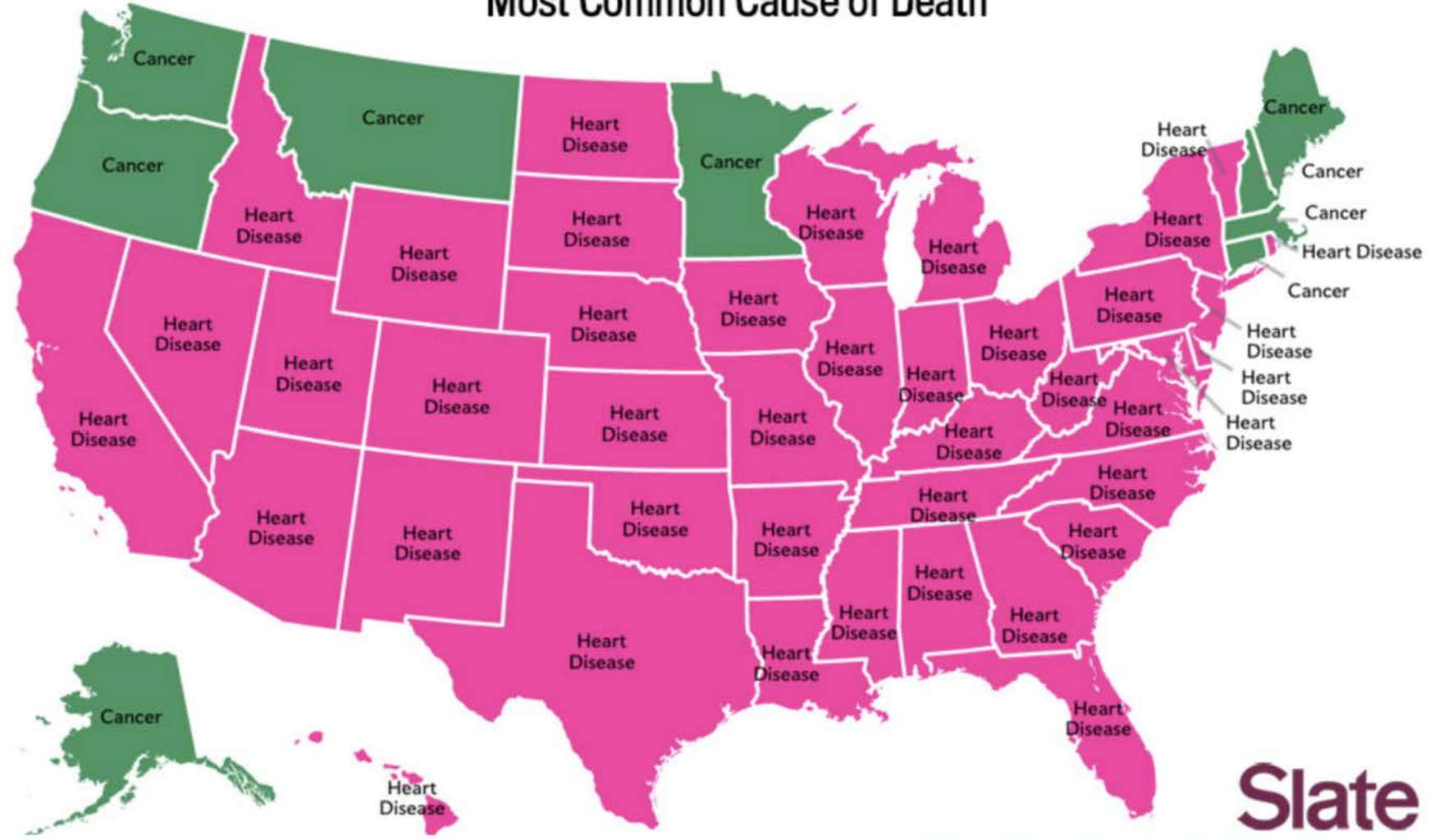
**Chief Innovation Officer**

**Wayne State University Physician Group**

# Disclosures

- Consultant: BMS, Roche Diagnostics, Ortho Clinical Diagnostics, Baim Institute
- Research Contract: Novartis Pharmaceuticals, Edwards Lifescience, BMS, Amgen
- Grant Support: NHLBI (R01 HL146059 and R01 HL127215), NIH Admin (U24 NS100680), MDHHS (CDC 1815, 1817, and WISE WOMAN); MHEF (R-1907-144972)
- Other: Chair, ACC Accreditation Management Board; Member, ACC NCDR Management Board; President, Metro Detroit American Heart Association; Vice Chair, AHA/ACC Guideline for Evaluation and Diagnosis of Chest Pain; Vice Chair, ACC Chest Pain in the ED AUC Writing Committee; Co-Chair, ACEP Emergency Quality Network (E-QUAL) Chest Pain Initiative; CMO, Patient Insight
- Ownership Interests: Emergencies in Medicine LLC, Mespere, Patient Insight

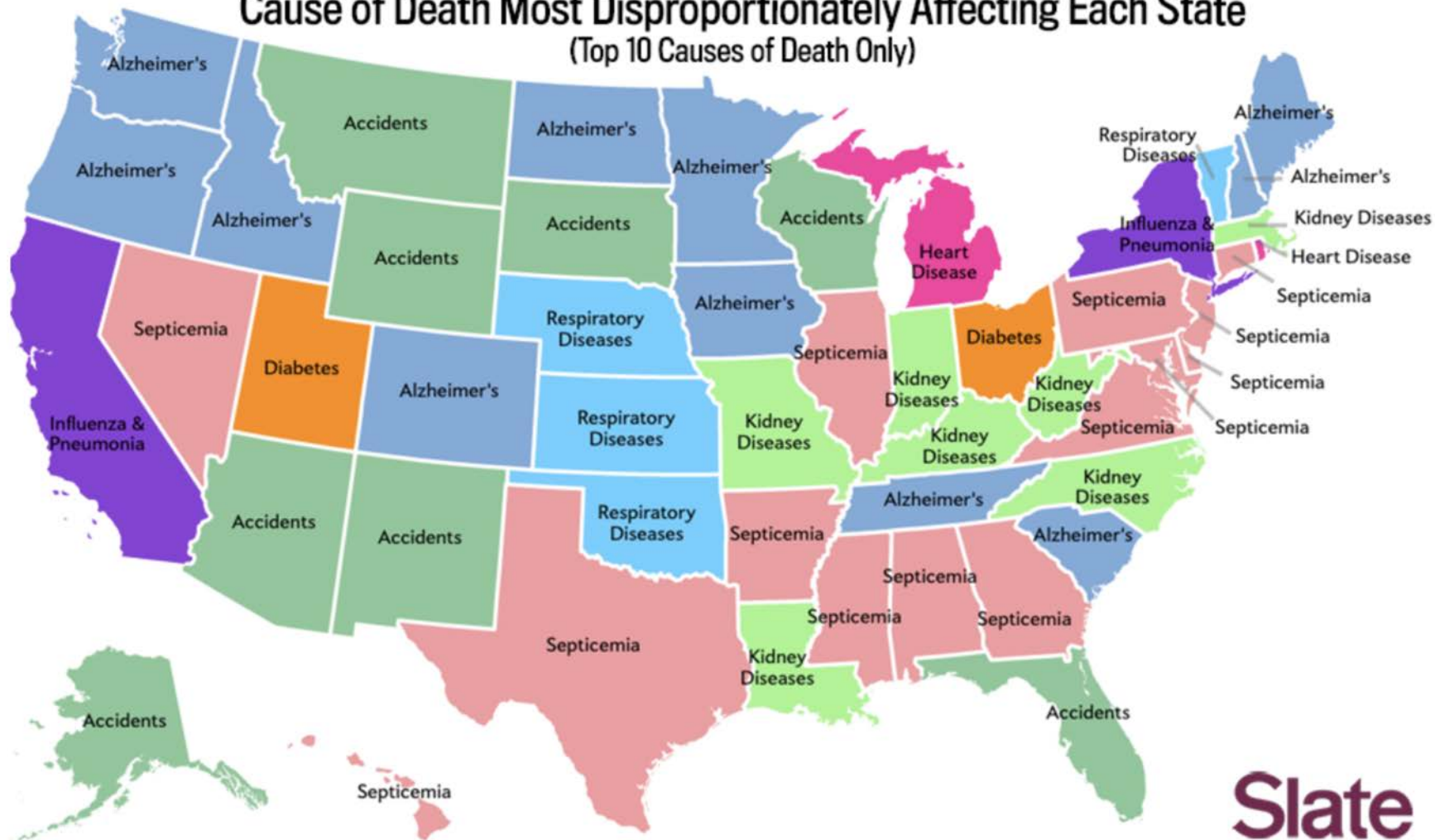
# Most Common Cause of Death



**Slate**

Data source: Centers for Disease Control and Prevention. Map by Ben Blatt/Slate.

## Cause of Death Most Disproportionately Affecting Each State (Top 10 Causes of Death Only)



**Slate**

Data source: Centers for Disease Control and Prevention. Map by Ben Blatt/Slate.

# Driven By The Motor City...

Age-adjusted mortality rates per 100,000 for ten leading causes of death, Detroit, Michigan, and United States, 2014

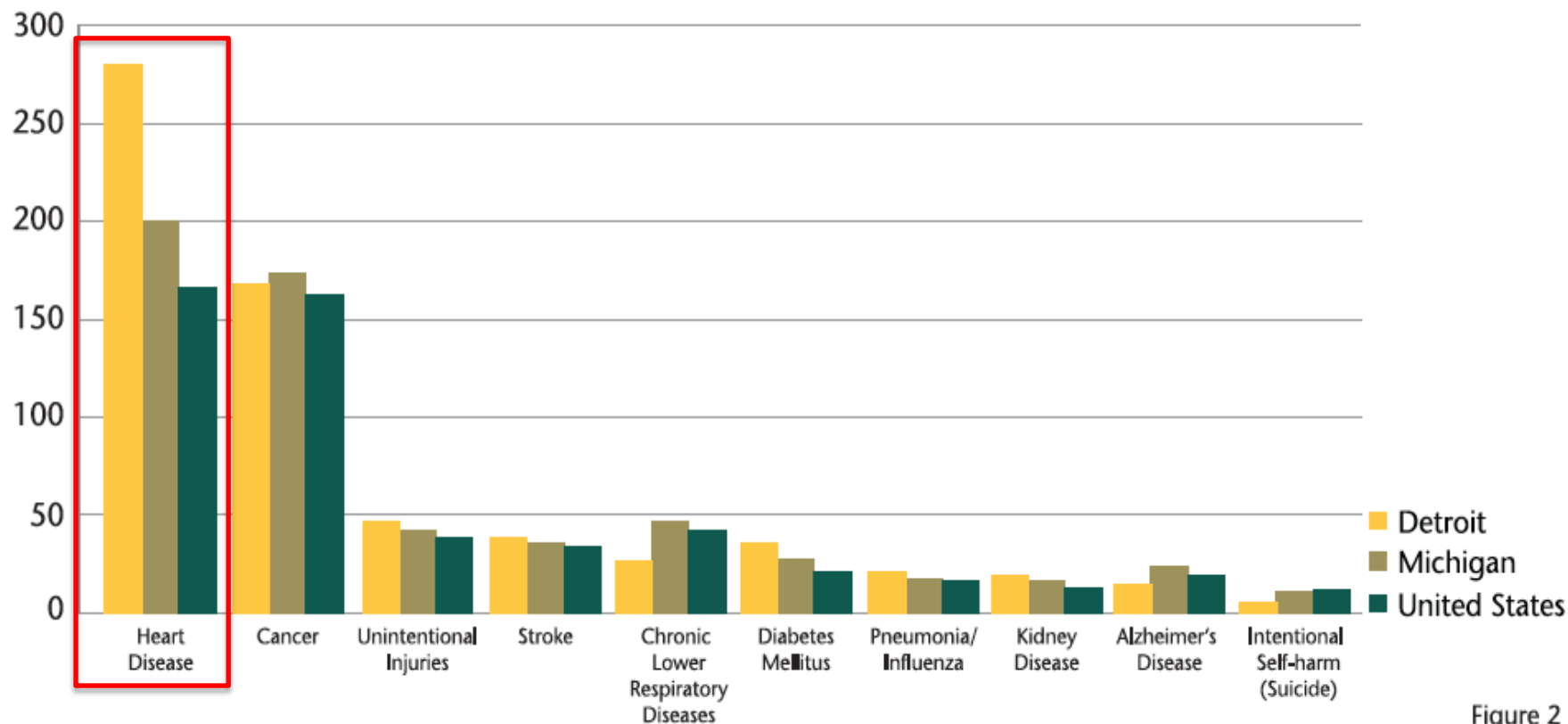
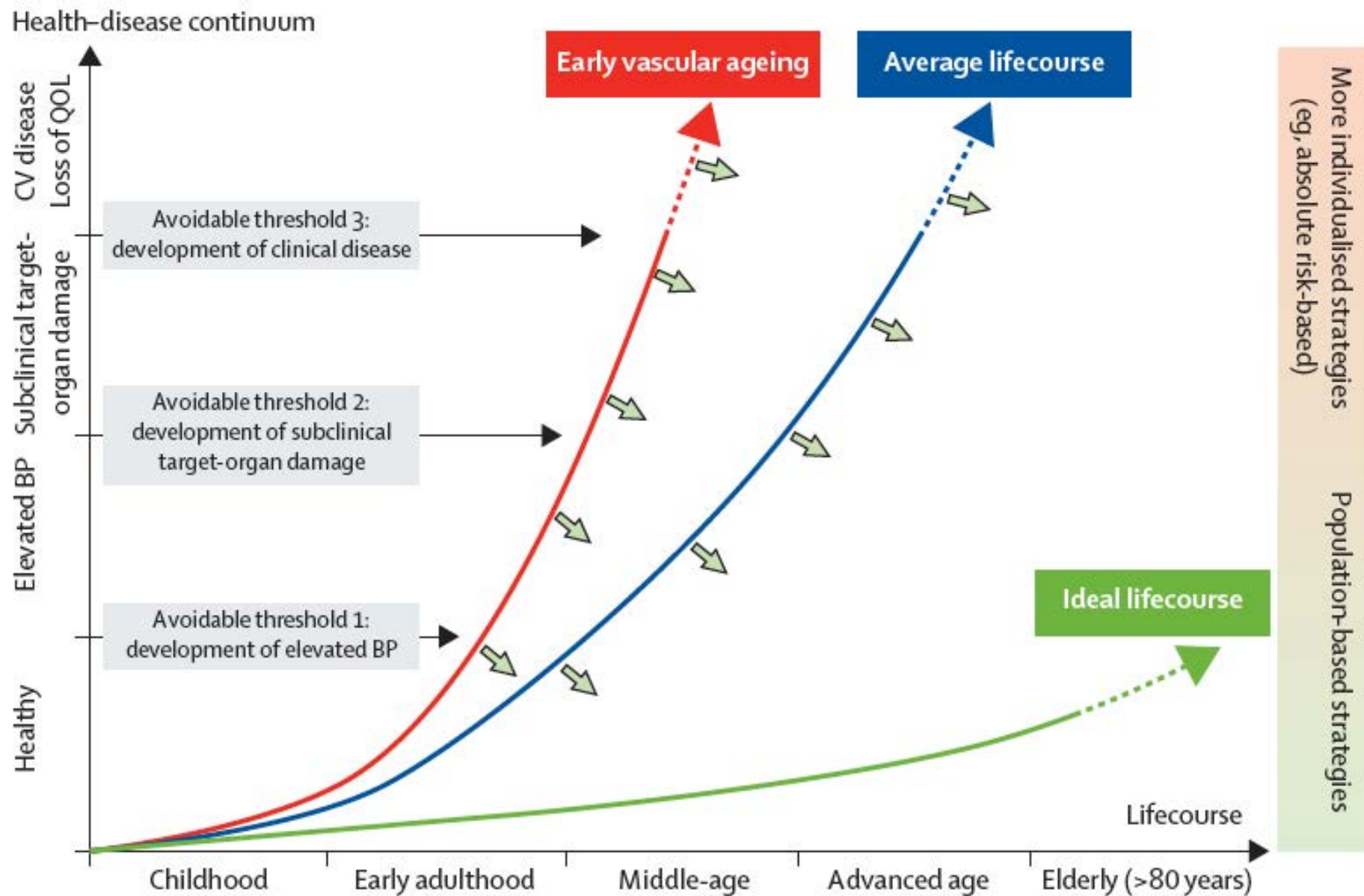


Figure 2



# A call to action and a lifecourse strategy to address the global burden of raised blood pressure on current and future generations: the *Lancet* Commission on hypertension

*Michael H Olsen\*, Sonia Y Angell, Samira Asma, Pierre Boutouyrie, Dylan Burger, Julio A Chirinos, Albertino Damasceno, Christian Delles, Anne-Paule Gimenez-Roqueplo, Dagmara Hering, Patricio López-Jaramillo, Fernando Martinez, Vlado Perkovic, Ernst R Rietzschel, Giuseppe Schillaci, Aletta E Schutte, Angelo Scuteri, James E Sharman, Kristian Wachtell, Ji Guang Wang*

## Executive summary

Elevated blood pressure is the strongest modifiable risk factor for cardiovascular disease worldwide. Despite extensive knowledge about ways to prevent as well as to treat hypertension, the global incidence and prevalence of hypertension and, more importantly, its cardiovascular complications are not reduced—partly because of inadequacies in prevention, diagnosis, and control of the disorder in an ageing world.

## Prevalence of Hypertension Based on 2 SBP/DBP Thresholds\*†

	SBP/DBP $\geq$ 130/80 mm Hg or Self-Reported Antihypertensive Medication†		SBP/DBP $\geq$ 140/90 mm Hg or Self- Reported Antihypertensive Medication‡	
<b>Overall, crude</b>	46%		32%	
	Men (n=4717)	Women (n=4906)	Men (n=4717)	Women (n=4906)
<b>Overall, age-sex adjusted</b>	48%	43%	31%	32%
<b>Age group, y</b>				
<b>20–44</b>	30%	19%	11%	10%
<b>45–54</b>	50%	44%	33%	27%
<b>55–64</b>	70%	63%	53%	52%
<b>65–74</b>	77%	75%	64%	63%
<b>75+</b>	79%	85%	71%	78%
<b>Race-ethnicity §</b>				
<b>Non-Hispanic White</b>	47%	41%	31%	30%
<b>Non-Hispanic Black</b>	59%	56%	42%	46%
<b>Non-Hispanic Asian</b>	45%	36%	29%	27%
<b>Hispanic</b>	44%	42%	27%	32%

The prevalence estimates have been rounded to the nearest full percentage.

\*130/80 and 140/90 mm Hg in 9623 participants ( $\geq$ 20 years of age) in NHANES 2011–2014.

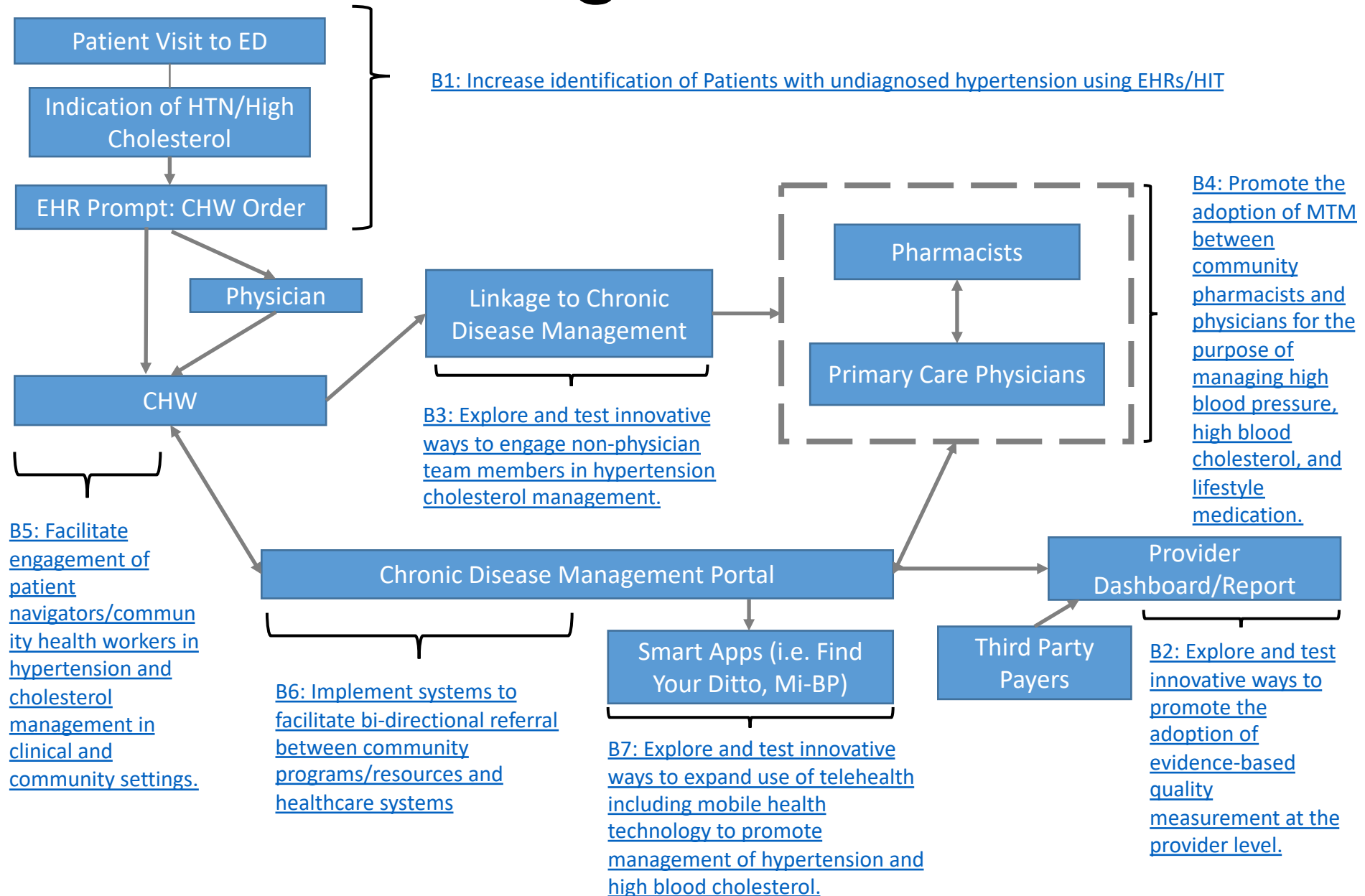
†BP cutpoints for definition of hypertension in the present guideline.

‡BP cutpoints for definition of hypertension in JNC 7.

§ Adjusted to the 2010 age-sex distribution of the U.S. adult population.

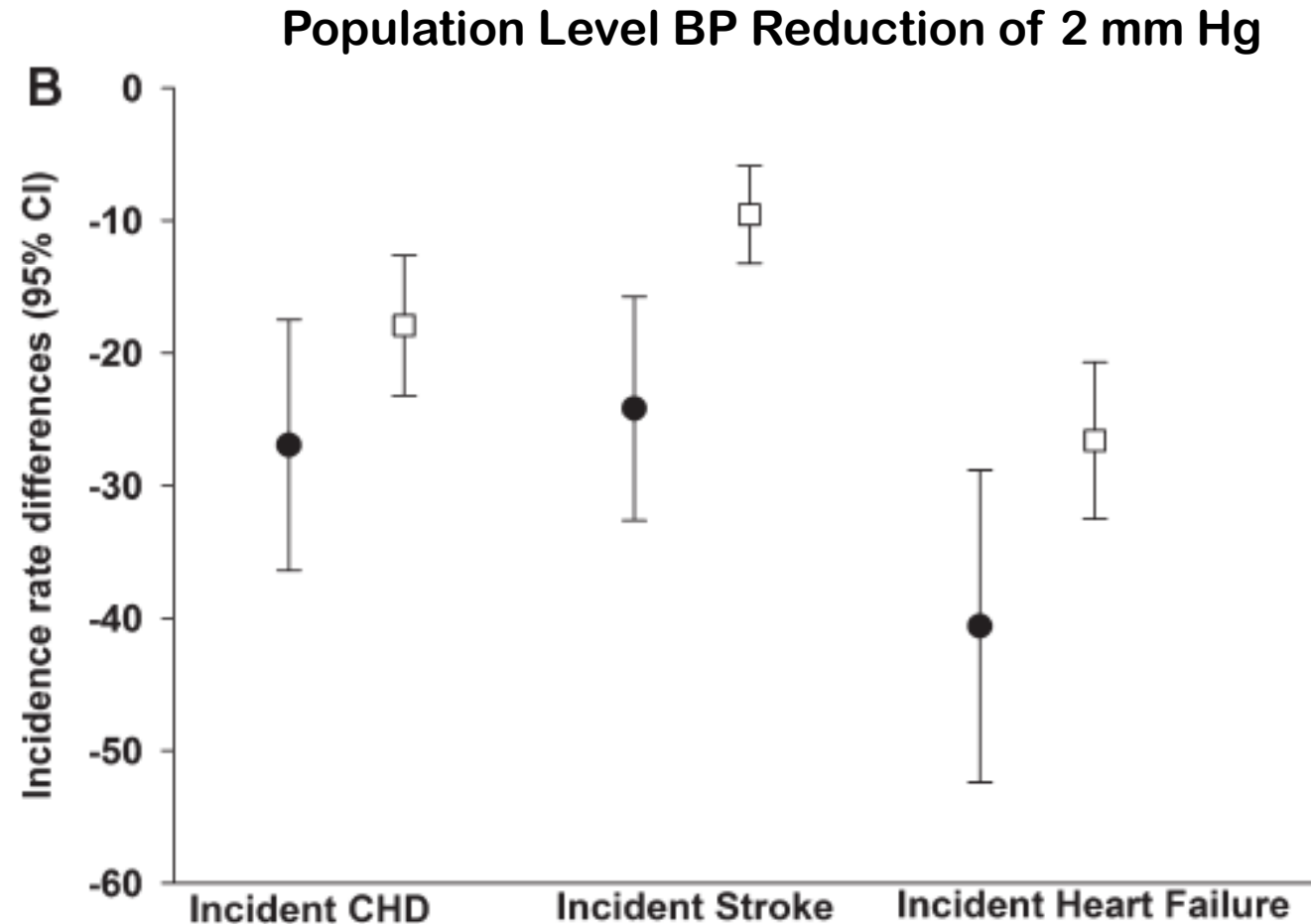
BP indicates blood pressure; DBP, diastolic blood pressure; NHANES, National Health and Nutrition Examination Survey; and SBP, systolic blood pressure.

# Bring It Down



# Reducing the Blood Pressure–Related Burden of Cardiovascular Disease: Impact of Achievable Improvements in Blood Pressure Prevention and Control

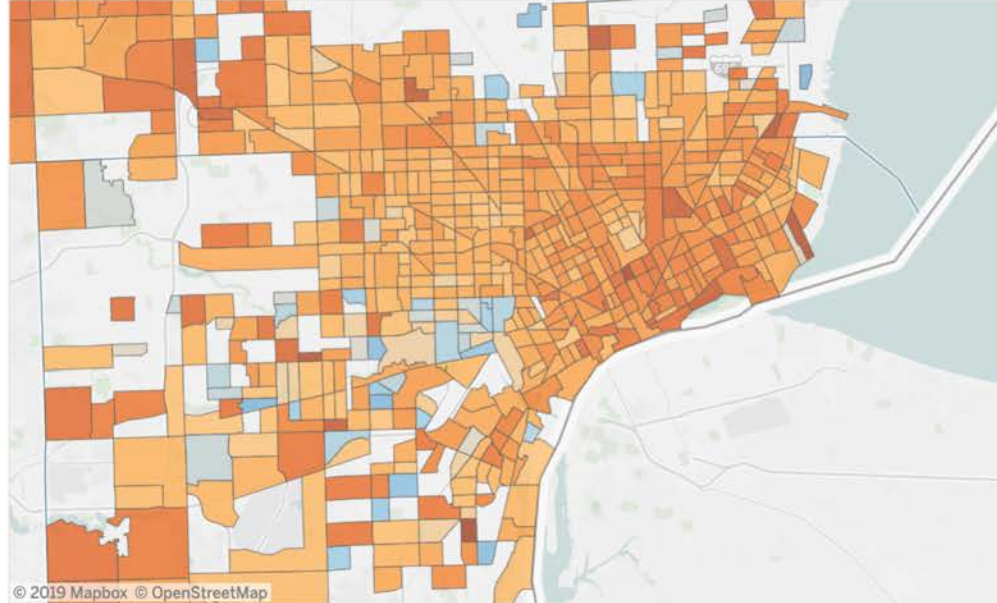
Shakia T. Hardy, MPH; Laura R. Loehr, MD, PhD; Kenneth R. Butler, PhD; Sujatro Chakladar, MS; Patricia P. Chang, MD, MHS; Aaron R. Folsom, MD, MPH; Gerardo Heiss, MD, PhD; Richard F. MacLehose, PhD; Kunihiro Matsushita, MD, PhD; Christy L. Avery, PhD



# Hypertension Dashboard Metro-Detroit (Wayne, Oakland, Macomb, and Livingston Counties)

Select a Vital Category to Explore: Systolic Blood Pressure (Mean)

Map by Census Tract



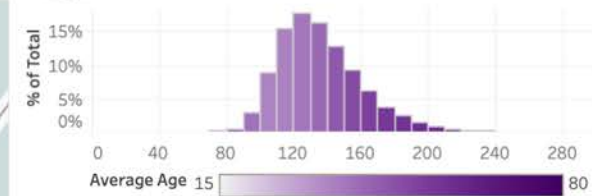
© 2019 Mapbox © OpenStreetMap

Set map legend midpoint as: AHA Guideline (Midpoint: 130)

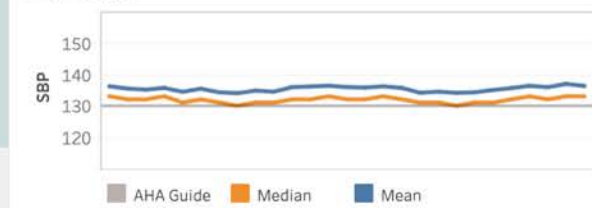
123 147

Race/Ethnicity	Number of Records	Mean SBP	Mean DBP	Mean HR	Mean Age	Mean Temp	% of Total
Black/African American	422,654	135.20	81.98	89.00	42	36.76	76.61%
White	82,775	135.72	80.33	90.02	46	36.72	15.00%
Other Race or More than On..	31,395	136.51	81.22	87.79	48	36.73	5.69%
Unknown	8,950	134.57	80.85	90.05	42	36.77	1.62%
Spanish/Hispanic	5,916	134.17	81.47	89.49	42	36.72	1.07%
Grand Total	551,690	135.33	81.67	89.11	43	36.75	100.00%

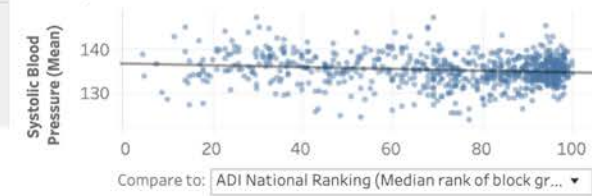
Histogram



Timeline Chart



Scatterplot



Filter Data:

Select County

ALL COUNTIES

Select City

ALL CITIES

Date of Arrival

Dec 2016-Feb 2019

(All)

Gender

(All)

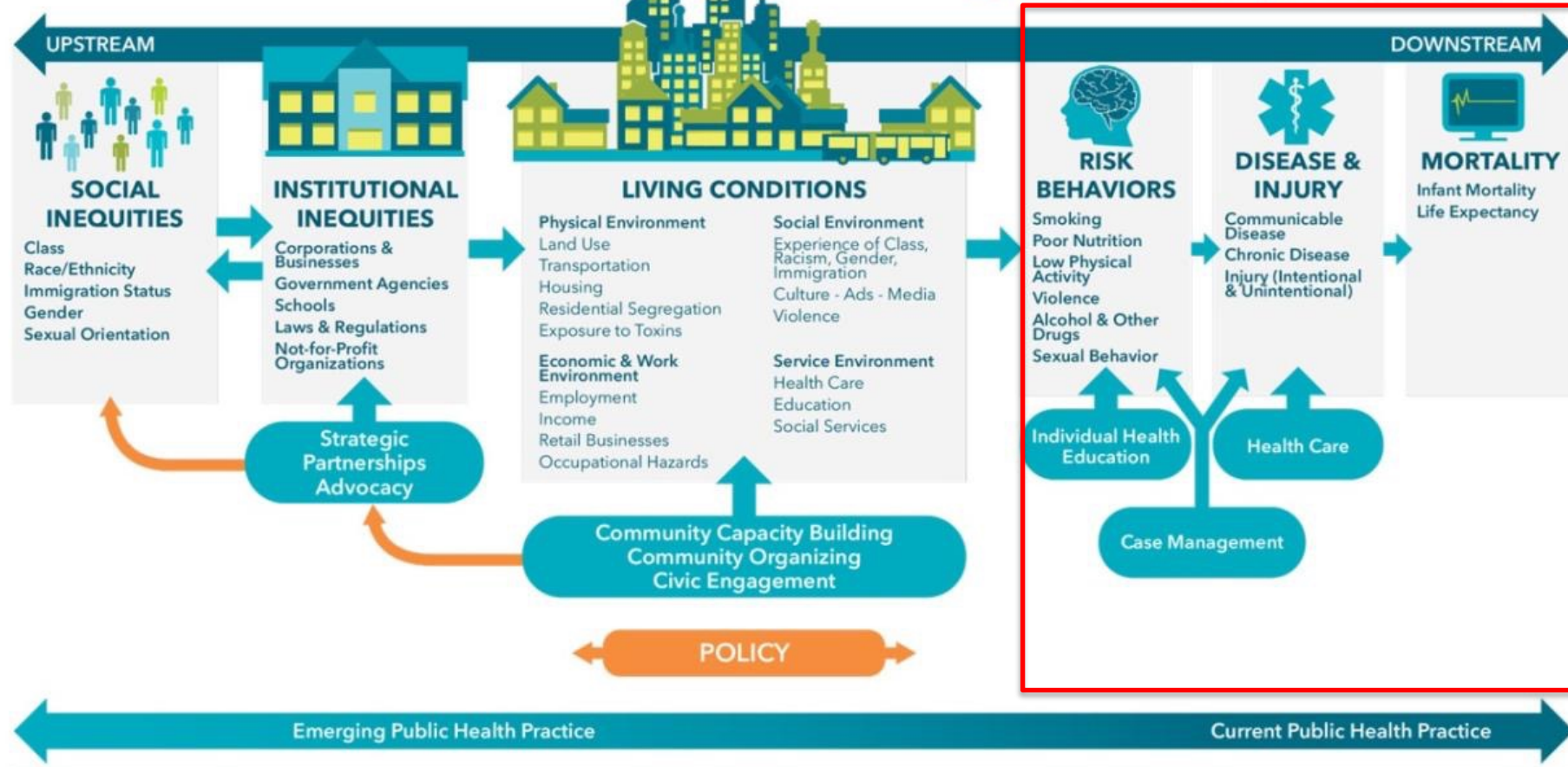
Age at Time of Visit

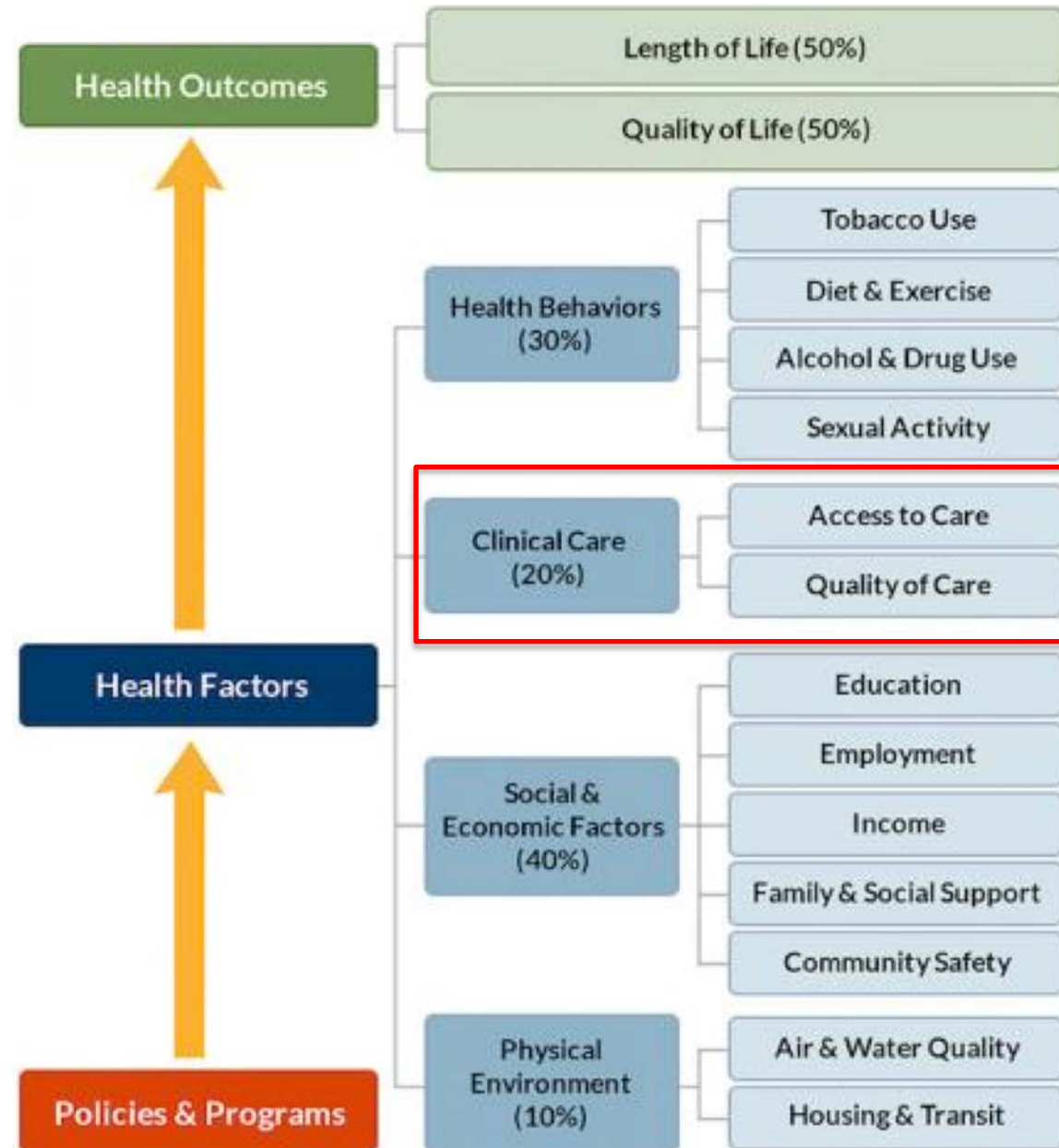
0 118

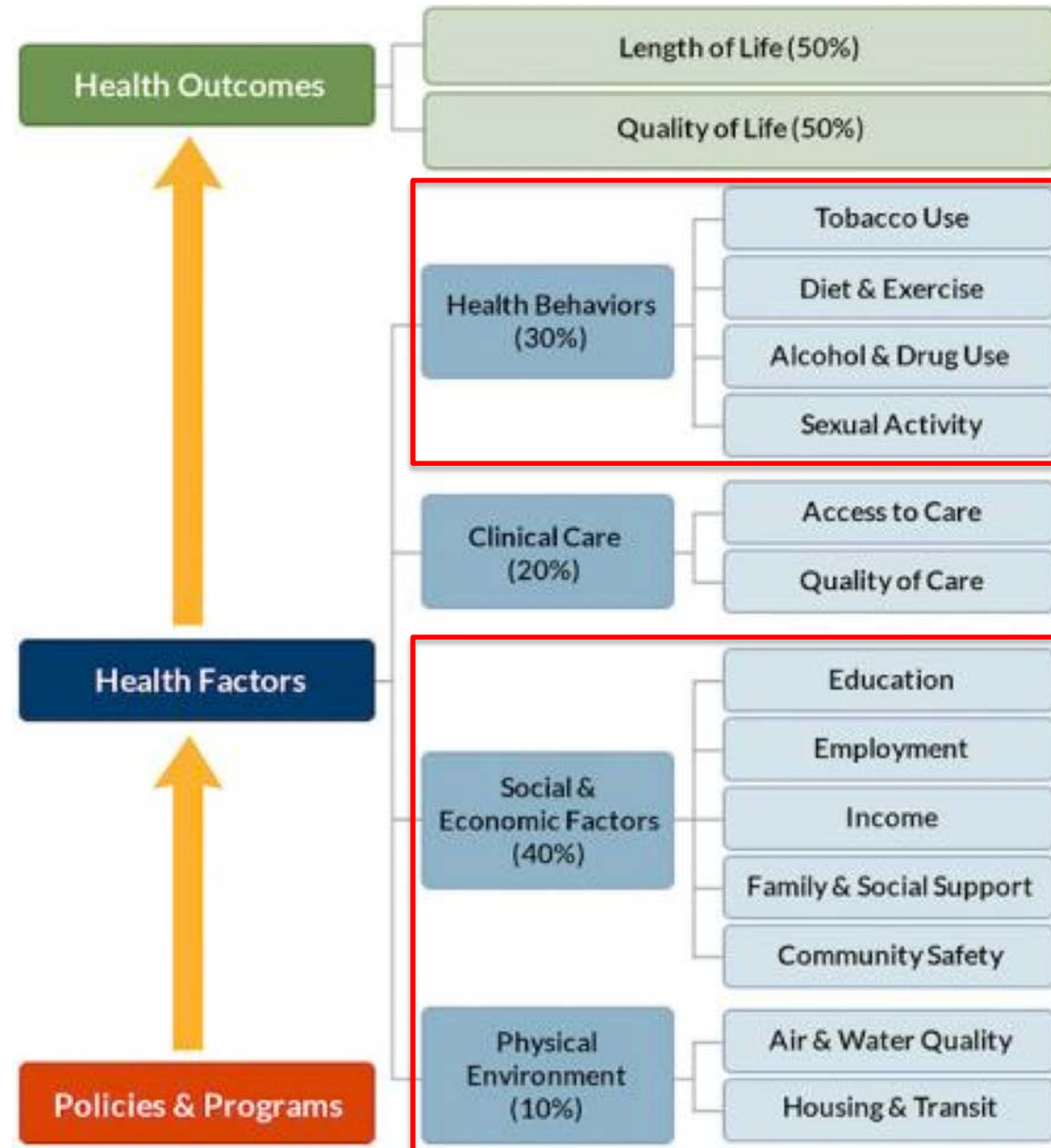
Race/Ethnicity

- ☒ (All)
- ☒ Black/African American
- ☒ Other Race or More tha...
- ☒ Spanish/Hispanic
- ☒ Unknown
- ☒ White

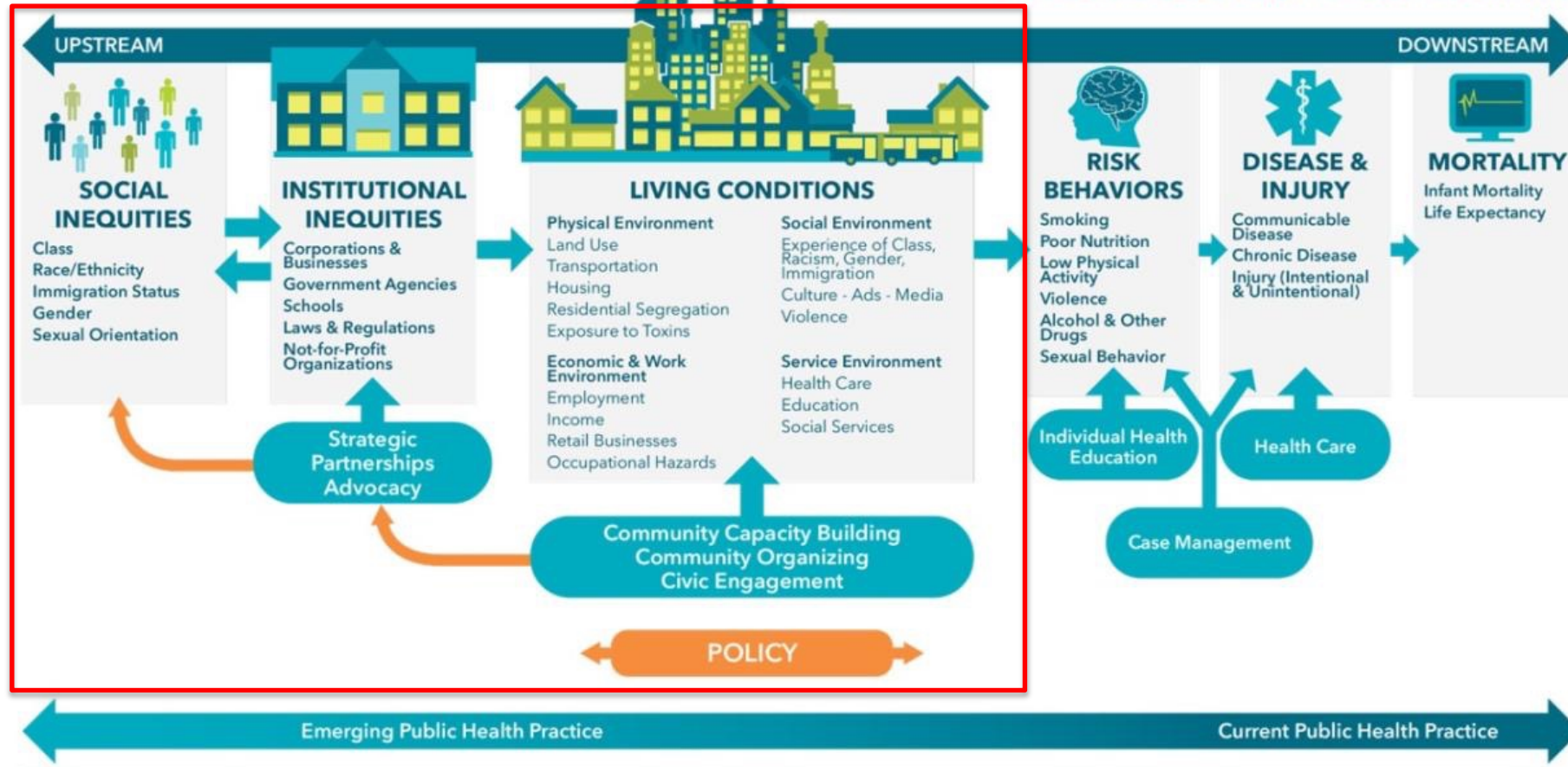
A PUBLIC HEALTH FRAMEWORK FOR REDUCING HEALTH INEQUITIES  
BAY AREA REGIONAL HEALTH INEQUITIES INITIATIVE







A PUBLIC HEALTH FRAMEWORK FOR REDUCING HEALTH INEQUITIES  
BAY AREA REGIONAL HEALTH INEQUITIES INITIATIVE




ChromeFileEditViewHistoryBookmarksPeopleTabWindowHelp

Top 8 Predictions That Will Disrupt Healthcare in 2020

forbes.com/sites/reenitadas/2019/12/04/top-8-predictions-that-will-disrupt-healthcare-in-2020/#79bed6c87f1e

28,579 views | Dec 4, 2019, 07:09am

# Top 8 Predictions That Will Disrupt Healthcare in 2020




**Reenita Das** Contributor  
Healthcare

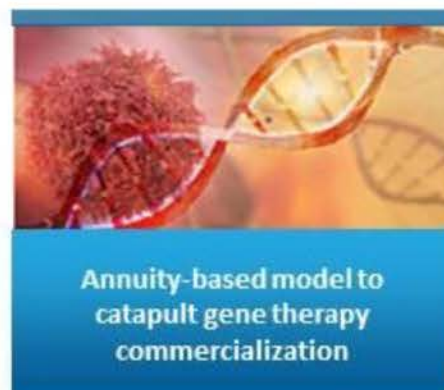
Every year, our team of futurists, analysts, and consultants at Frost & Sullivan's Transformational Healthcare Group comes together to brainstorm and predict the themes, technologies, and global forces that will define the next 12 to 18 months for the healthcare industry. We also retrospect how we did each year, and each year we are becoming more accurate in the predictions we make. For the **2019 predictions** that were released in November 2018, six out of eight predictions realized as anticipated, while the two remaining predictions have not panned out exactly the way we thought.

#3

Las Vegas McCarran International Airport  
(tied for third)

See why millions of investors are choosing Vanguard's industry-leading ETFs®





Source: Frost & Sullivan

HOME | POPULATION HEALTH MANAGEMENT | SOCIAL DETERMINANTS OF HEALTH

# Roundtable Report Identifies SDOH Progress, Challenges

N.C. officials unveil FHIR-based SDOH screening questionnaire

Author — David Rath

Dec 17th, 2019



## LATEST IN SOCIAL DETERMINANTS OF HEALTH

Social Determinants of Health

### The Importance of Addressing Social Needs to Improve Health Outcomes

Rhonda Mims, Industry Voice

Dec 23rd, 2019

Social Determinants of Health

### Harvard Pilgrim Health Care, Ride Health Partner for Medicare Transportation in Two New England States

Rajiv Leventhal

Dec 6th, 2019

Social Determinants of Health

### How Are Healthcare Companies Successfully Investing in Affordable Housing?

Rajiv Leventhal

Dec 5th, 2019

Social Determinants of Health

### ProMedica Creates 'Data Nerve Center' to Address Social Determinants

David Rath

Dec 4th, 2019

Social Determinants of Health

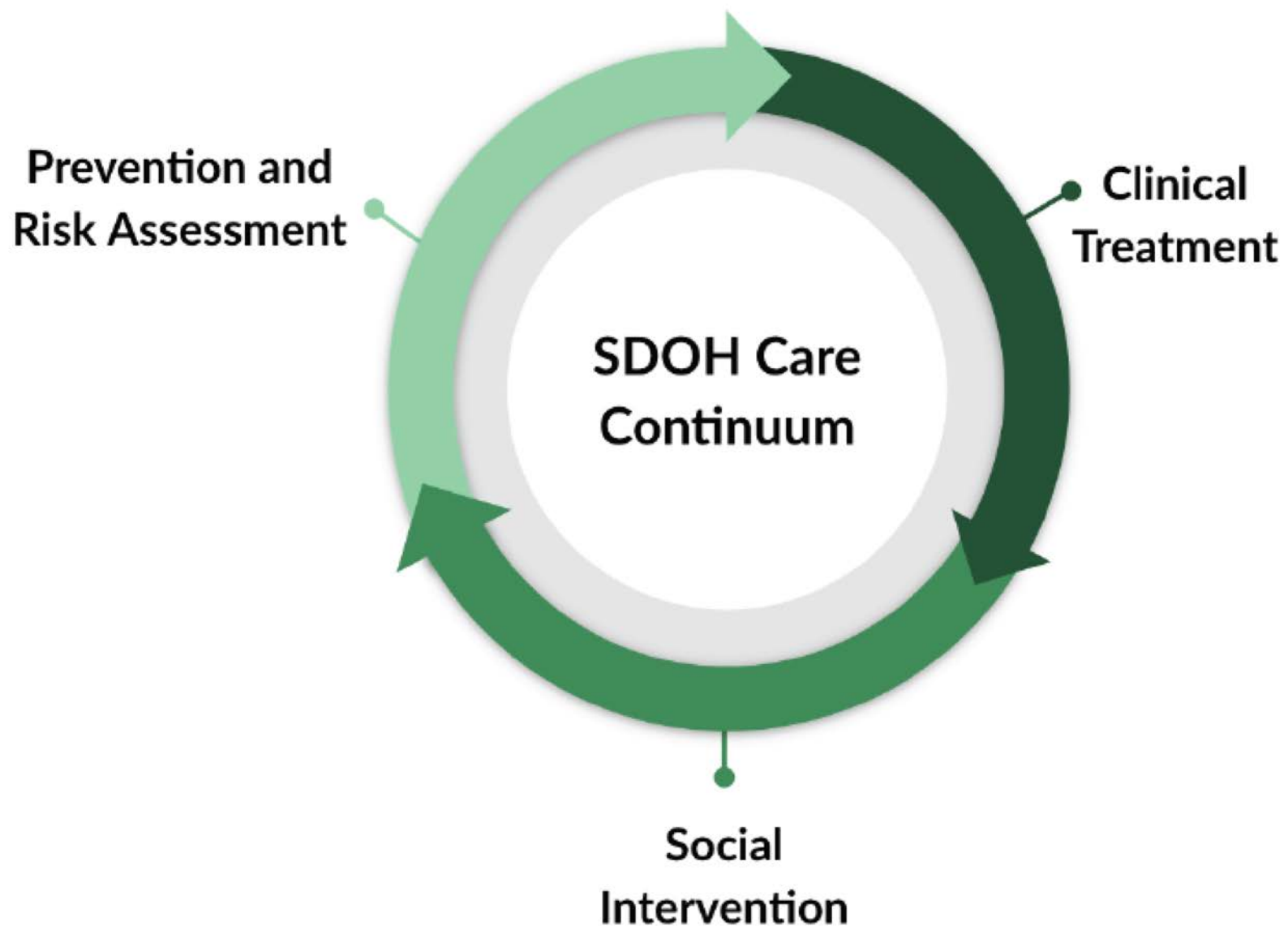
### Molina Healthcare of Washington to Fund Community Orgs Dedicated to Pop Health,



**CODE**

# **Leveraging Data on the Social Determinants of Health**

*Roundtable Report  
December 2019*



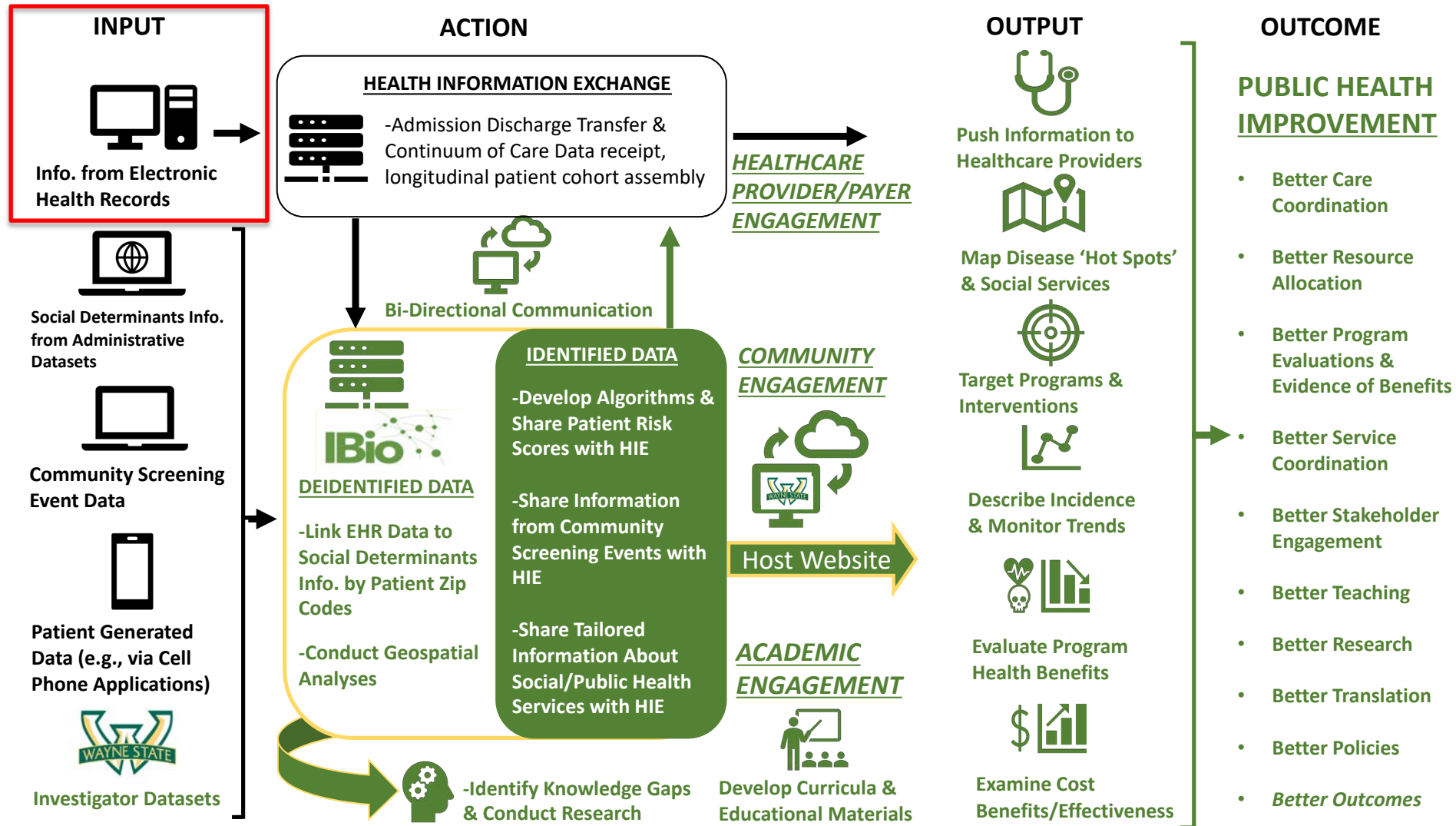
SDOH Continuum of Care		
Continuum of Care Stage	Successes	Challenges
Prevention and Risk Assessment	<ul style="list-style-type: none"> <li>● Expansion of population-level data</li> <li>● Increased use of commercial platforms</li> </ul>	<ul style="list-style-type: none"> <li>● Difficulty accessing open and available data sources</li> <li>● Difficulty finding timely and representative data</li> <li>● Poor understanding of high-priority data elements</li> </ul>
Clinical Treatment and Care	<ul style="list-style-type: none"> <li>● Wide availability of social screening assessments</li> <li>● Ability to gather individual-level data</li> </ul>	<ul style="list-style-type: none"> <li>● Poor data on care coordination</li> <li>● No standardized screening assessments</li> <li>● Lack of incentives to gather data</li> <li>● Opaque rules about patient ownership of data and privacy concerns</li> </ul>
Interventions and Referrals	<ul style="list-style-type: none"> <li>● Comprehensive referral platforms</li> <li>● Growth in data-driven partnerships</li> </ul>	<ul style="list-style-type: none"> <li>● Lack of CBO data capacity</li> <li>● Need for broader data infrastructure</li> <li>● Poor data measuring patient outcomes and impact</li> </ul>

SDOH Continuum of Care		
Continuum of Care Stage	Successes	Challenges
Prevention and Risk Assessment	<ul style="list-style-type: none"> <li>● Expansion of population-level data</li> <li>● Increased use of commercial platforms</li> </ul>	<ul style="list-style-type: none"> <li>● Difficulty accessing open and available data sources</li> <li>● Difficulty finding timely and representative data</li> <li>● Poor understanding of high-priority data elements</li> </ul>
Clinical Treatment and Care	<ul style="list-style-type: none"> <li>● Wide availability of social screening assessments</li> <li>● Ability to gather individual-level data</li> </ul>	<ul style="list-style-type: none"> <li>● Poor data on care coordination</li> <li>● No standardized screening assessments</li> <li>● Lack of incentives to gather data</li> <li>● Opaque rules about patient ownership of data and privacy concerns</li> </ul>
Interventions and Referrals	<ul style="list-style-type: none"> <li>● Comprehensive referral platforms</li> <li>● Growth in data-driven partnerships</li> </ul>	<ul style="list-style-type: none"> <li>● Lack of CBO data capacity</li> <li>● Need for broader data infrastructure</li> <li>● Poor data measuring patient outcomes and impact</li> </ul>

SDOH Continuum of Care		
Continuum of Care Stage	Successes	Challenges
Prevention and Risk Assessment	<ul style="list-style-type: none"> <li>● Expansion of population-level data</li> <li>● Increased use of commercial platforms</li> </ul>	<ul style="list-style-type: none"> <li>● Difficulty accessing open and available data sources</li> <li>● Difficulty finding timely and representative data</li> <li>● Poor understanding of high-priority data elements</li> </ul>
Clinical Treatment and Care	<ul style="list-style-type: none"> <li>● Wide availability of social screening assessments</li> <li>● Ability to gather individual-level data</li> </ul>	<ul style="list-style-type: none"> <li>● Poor data on care coordination</li> <li>● No standardized screening assessments</li> <li>● Lack of incentives to gather data</li> <li>● Opaque rules about patient ownership of data and privacy concerns</li> </ul>
Interventions and Referrals	<ul style="list-style-type: none"> <li>● Comprehensive referral platforms</li> <li>● Growth in data-driven partnerships</li> </ul>	<ul style="list-style-type: none"> <li>● Lack of CBO data capacity</li> <li>● Need for broader data infrastructure</li> <li>● Poor data measuring patient outcomes and impact</li> </ul>

SDOH Continuum of Care		
Continuum of Care Stage	Successes	Challenges
Prevention and Risk Assessment	<ul style="list-style-type: none"> <li>● Expansion of population-level data</li> <li>● Increased use of commercial platforms</li> </ul>	<ul style="list-style-type: none"> <li>● Difficulty accessing open and available data sources</li> <li>● Difficulty finding timely and representative data</li> <li>● Poor understanding of high-priority data elements</li> </ul>
Clinical Treatment and Care	<ul style="list-style-type: none"> <li>● Wide availability of social screening assessments</li> <li>● Ability to gather individual-level data</li> </ul>	<ul style="list-style-type: none"> <li>● Poor data on care coordination</li> <li>● No standardized screening assessments</li> <li>● Lack of incentives to gather data</li> <li>● Opaque rules about patient ownership of data and privacy concerns</li> </ul>
Interventions and Referrals	<ul style="list-style-type: none"> <li>● Comprehensive referral platforms</li> <li>● Growth in data-driven partnerships</li> </ul>	<ul style="list-style-type: none"> <li>● Lack of CBO data capacity</li> <li>● Need for broader data infrastructure</li> <li>● Poor data measuring patient outcomes and impact</li> </ul>

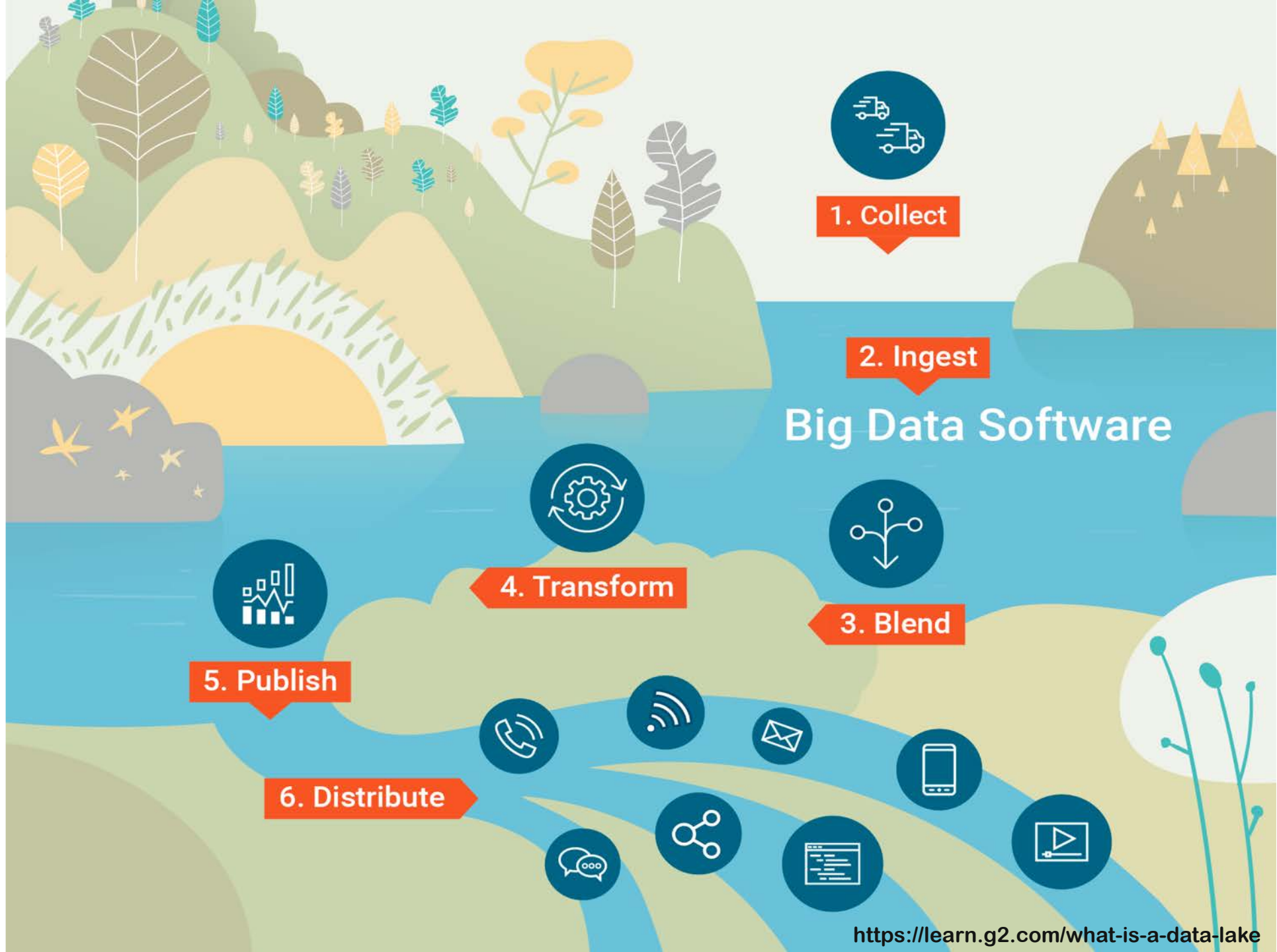
# Population Health Outcomes and Information Exchange

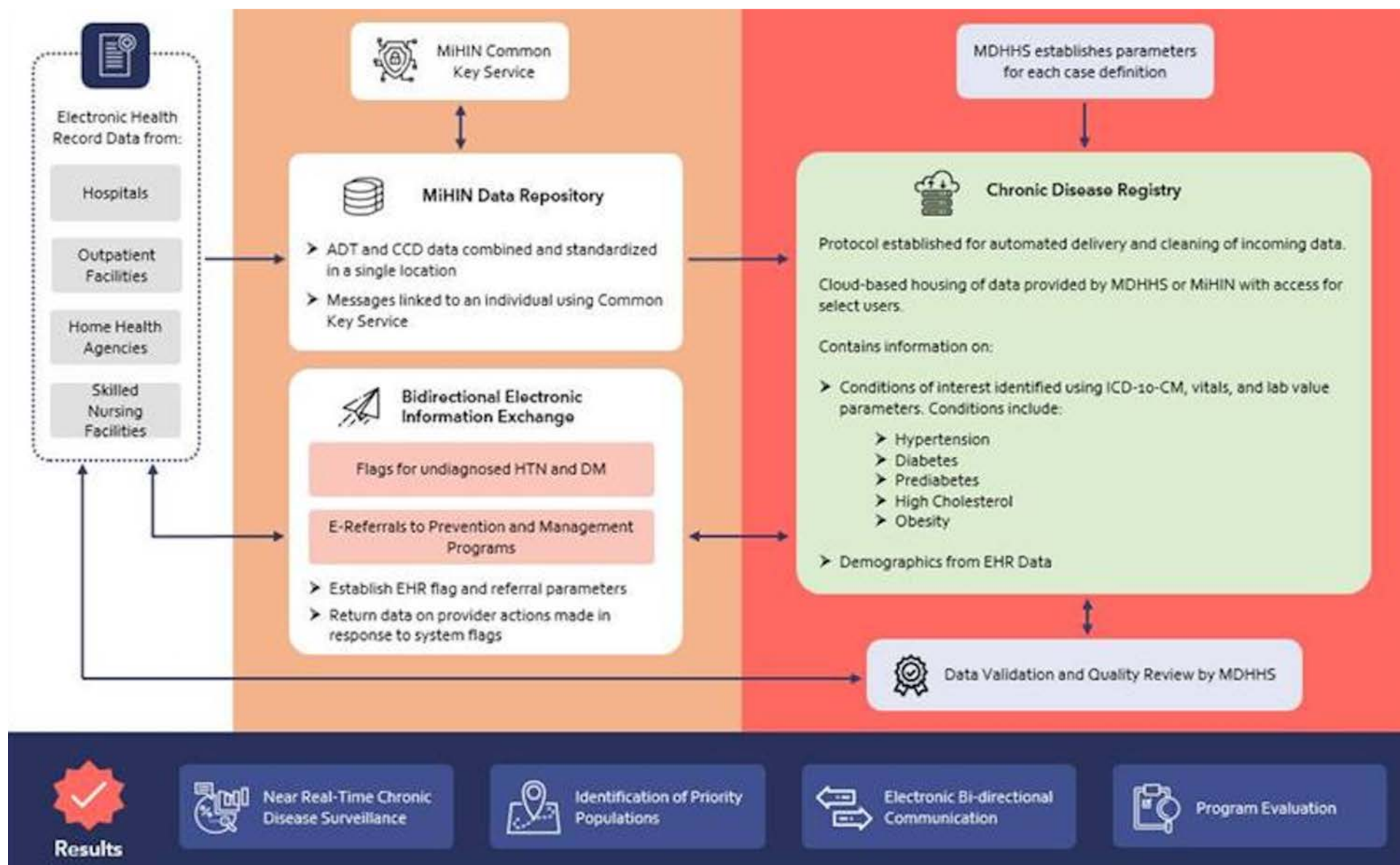


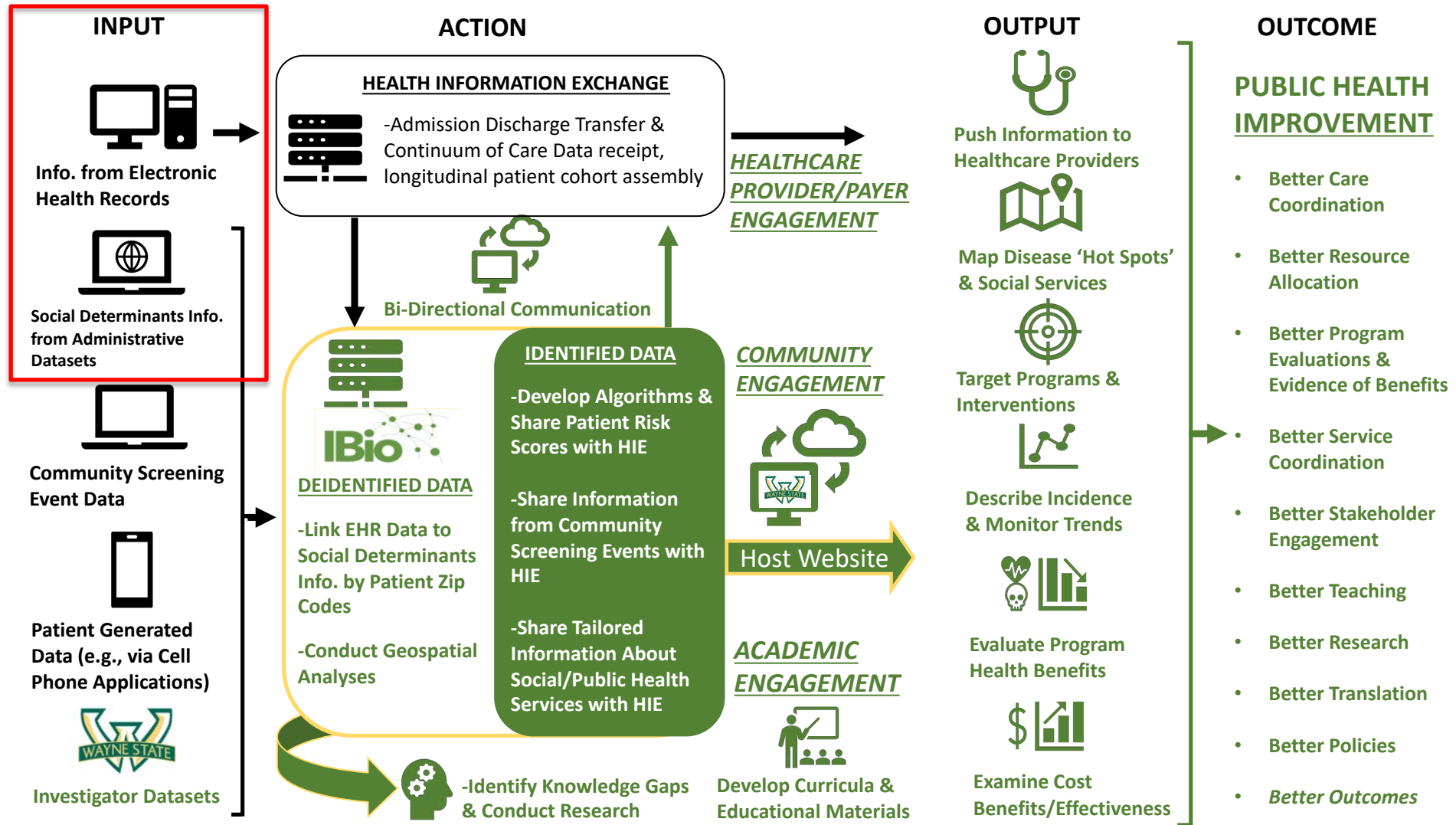
Welcome to



Scroll Down To Learn More About MiHIN







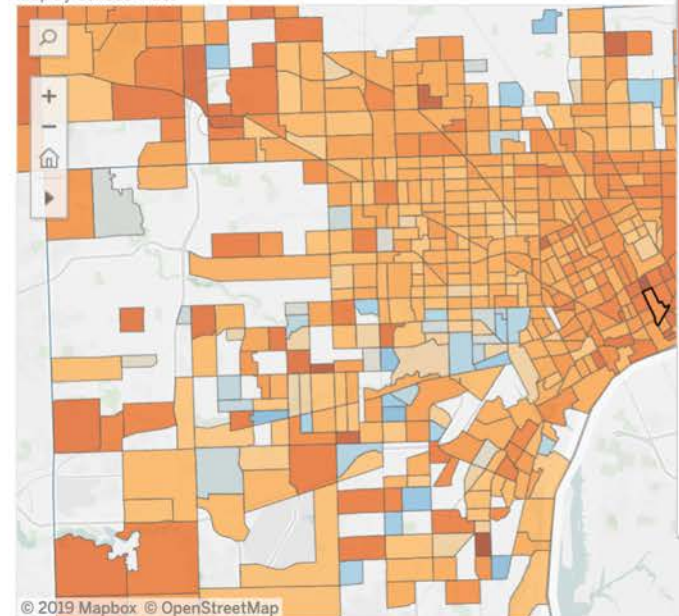
# Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment Income Expenses Debt Medical bills Support	Housing Transportation Safety Parks Playgrounds Walkability Zip code / geography	Literacy Language Early childhood education Vocational training Higher education	Hunger Access to healthy options	Social integration Support systems Community engagement Discrimination Stress	Health coverage Provider availability Provider linguistic and cultural competency Quality of care
<b>Health Outcomes</b> Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations					

# Hypertension Dashboard Metro-Detroit (Way

Select a Vital Category to Explore: Systolic Blood Pressure (Mean)

Map by Census Tract



Set map legend midpoint as: AHA Guideline (Midpoint: 130)



Race/Ethnicity	Number of Records	Mean SBP	Mean DBP	Mean HR	Mean Age	Mean Temp	% of Total
Black/African American	422,654	135.20	81.98	89.00	42	36.76	76.61%
White	82,775	135.72	80.33	90.02	46	36.72	15.00%
Other Race or More than On..	31,395	136.51	81.22	87.79	48	36.73	5.69%
Unknown	8,950	134.57	80.85	90.05	42	36.77	1.62%
Spanish/Hispanic	5,916	134.17	81.47	89.49	42	36.72	1.07%
Grand Total	551,690	135.33	81.67	89.11	43	36.75	100.00%

Tract ID: 26163518900

Number of Patient Records: 4,493

Mean SBP: 137.22

Mean DBP: 83.01

Mean HR: 88.64

Median SBP: 133.00

Median DBP: 81.00

Median HR: 88.00

## Census Tract Information

Population: 2,122

Housing Units: 953

Occupied Housing Units (Households): 843

Median Age: 29.30

Population Age 65+: 15.08%

Median Household Income: \$13,764

Families Below Poverty Level: 60.9%

Unemployment Rate: 35.30%

Uninsured Population: 12.40%

Life Expectancy at Birth: 72.10 years

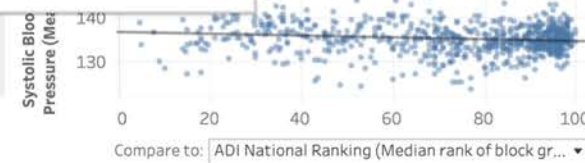
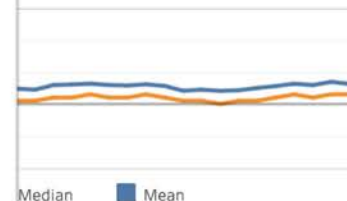
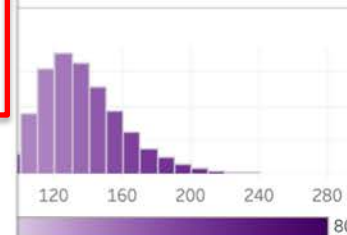
Non-White Population: 96.09%

Renter-Occupied Housing Units: 99.29%

Unoccupied Housing Units: 11.54%

ADI National Ranking (median of block groups within tract): 100.00

ADI State Ranking (median of block groups within tract): 10.000



## Filter Data:

Select County

ALL COUNTIES

Select City

ALL CITIES

Date of Arrival

Dec 2016-Feb 2019

(All)

Gender

(All)

Age at Time of Visit

0 118

Race/Ethnicity

☒ (All)

☒ Black/African American

☒ Other Race or More tha...

☒ Spanish/Hispanic

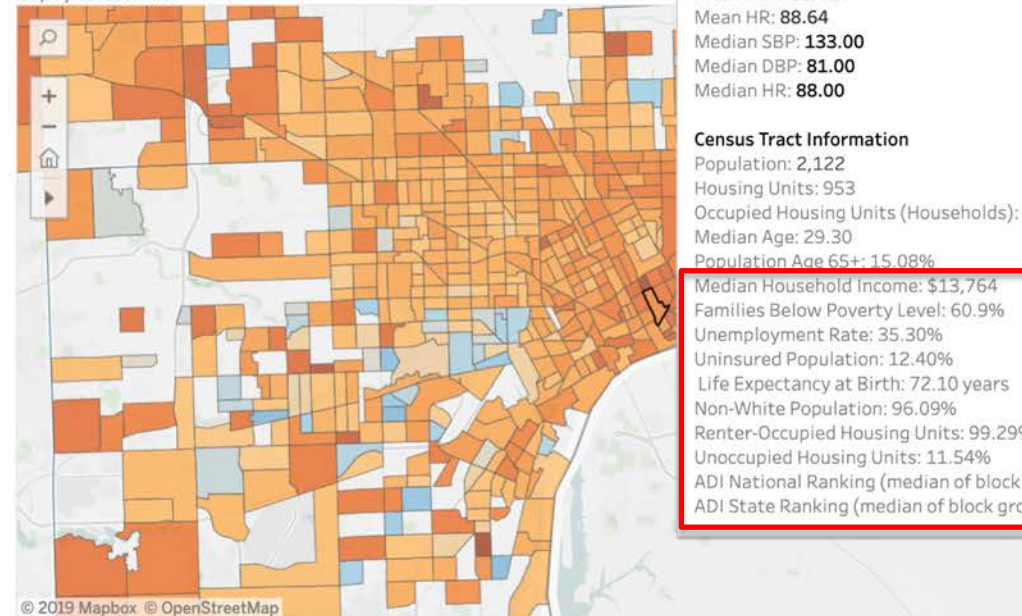
☒ Unknown

☒ White

# Hypertension Dashboard Metro-Detroit (Way

Select a Vital Category to Explore: Systolic Blood Pressure (Mean)

Map by Census Tract



Set map legend midpoint as: AHA Guideline (Midpoint: 130)

123 147

Race/Ethnicity	Number of Records	Mean SBP	Mean DBP	Mean HR	Mean Age	Mean Temp	% of Total
Black/African American	422,654	135.20	81.98	89.00	42	36.76	76.61%
White	82,775	135.72	80.33	90.02	46	36.72	15.00%
Other Race or More than On..	31,395	136.51	81.22	87.79	48	36.73	5.69%
Unknown	8,950	134.57	80.85	90.05	42	36.77	1.62%
Spanish/Hispanic	5,916	134.17	81.47	89.49	42	36.72	1.07%
Grand Total	551,690	135.33	81.67	89.11	43	36.75	100.00%

Tract ID: 26163518900

Number of Patient Records: 4,493

Mean SBP: 137.22

Mean DBP: 83.01

Mean HR: 88.64

Median SBP: 133.00

Median DBP: 81.00

Median HR: 88.00

## Census Tract Information

Population: 2,122

Housing Units: 953

Occupied Housing Units (Households): 843

Median Age: 29.30

Population Age 65+: 15.08%

Median Household Income: \$13,764

Families Below Poverty Level: 60.9%

Unemployment Rate: 35.30%

Uninsured Population: 12.40%

Life Expectancy at Birth: 72.10 years

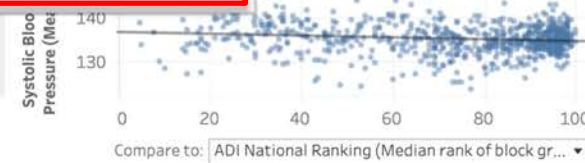
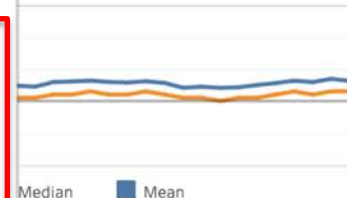
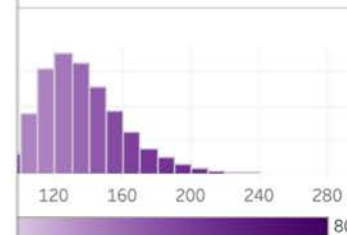
Non-White Population: 96.09%

Renter-Occupied Housing Units: 99.29%

Unoccupied Housing Units: 11.54%

ADI National Ranking (median of block groups within tract): 100.00

ADI State Ranking (median of block groups within tract): 10.000



## Filter Data:

Select County

ALL COUNTIES

Select City

ALL CITIES

Date of Arrival

Dec 2016-Feb 2019

(All)

Gender

(All)

Age at Time of Visit

0

118

Race/Ethnicity

☒ (All)

☒ Black/African American

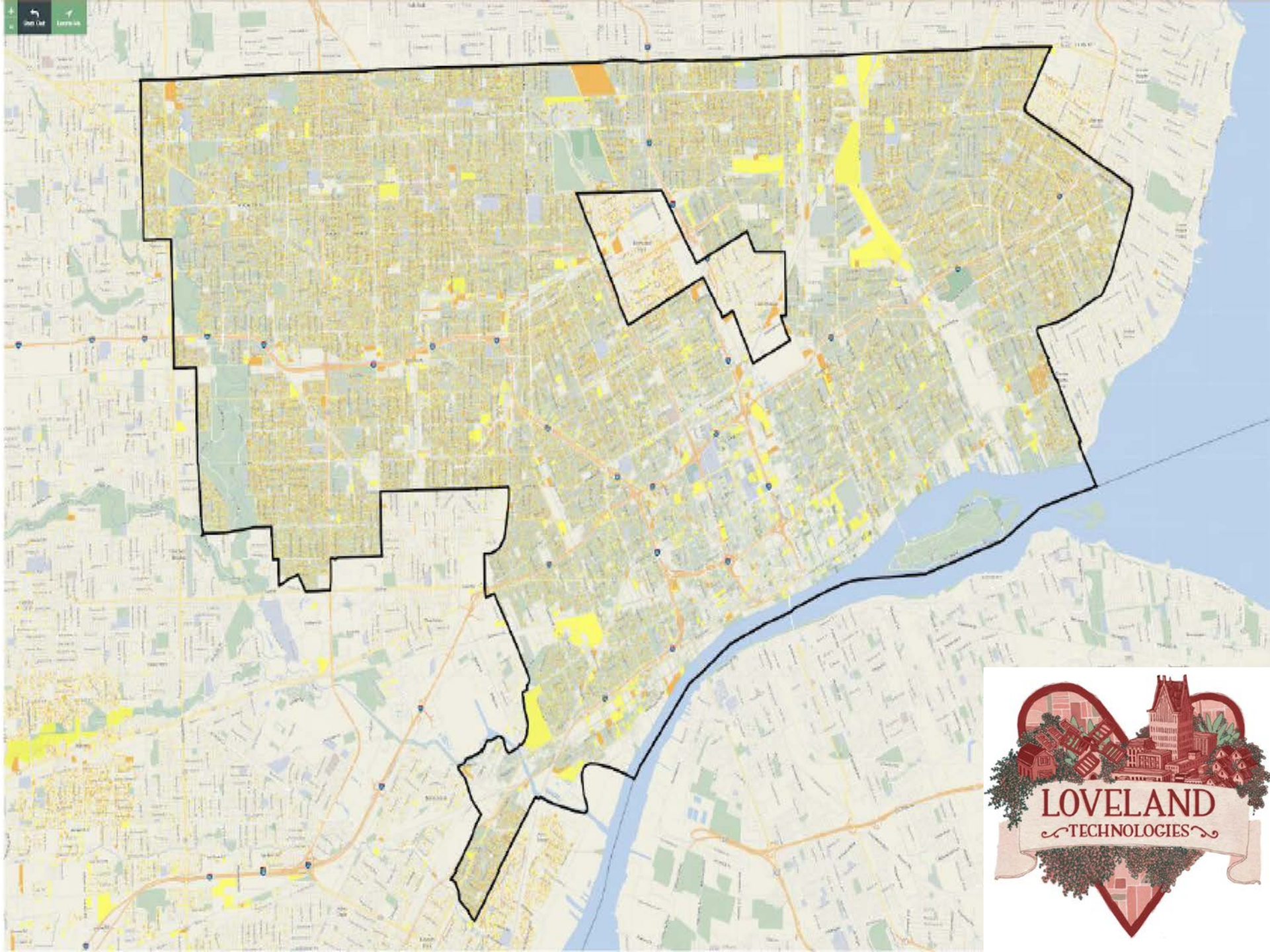
☒ Other Race or More than...

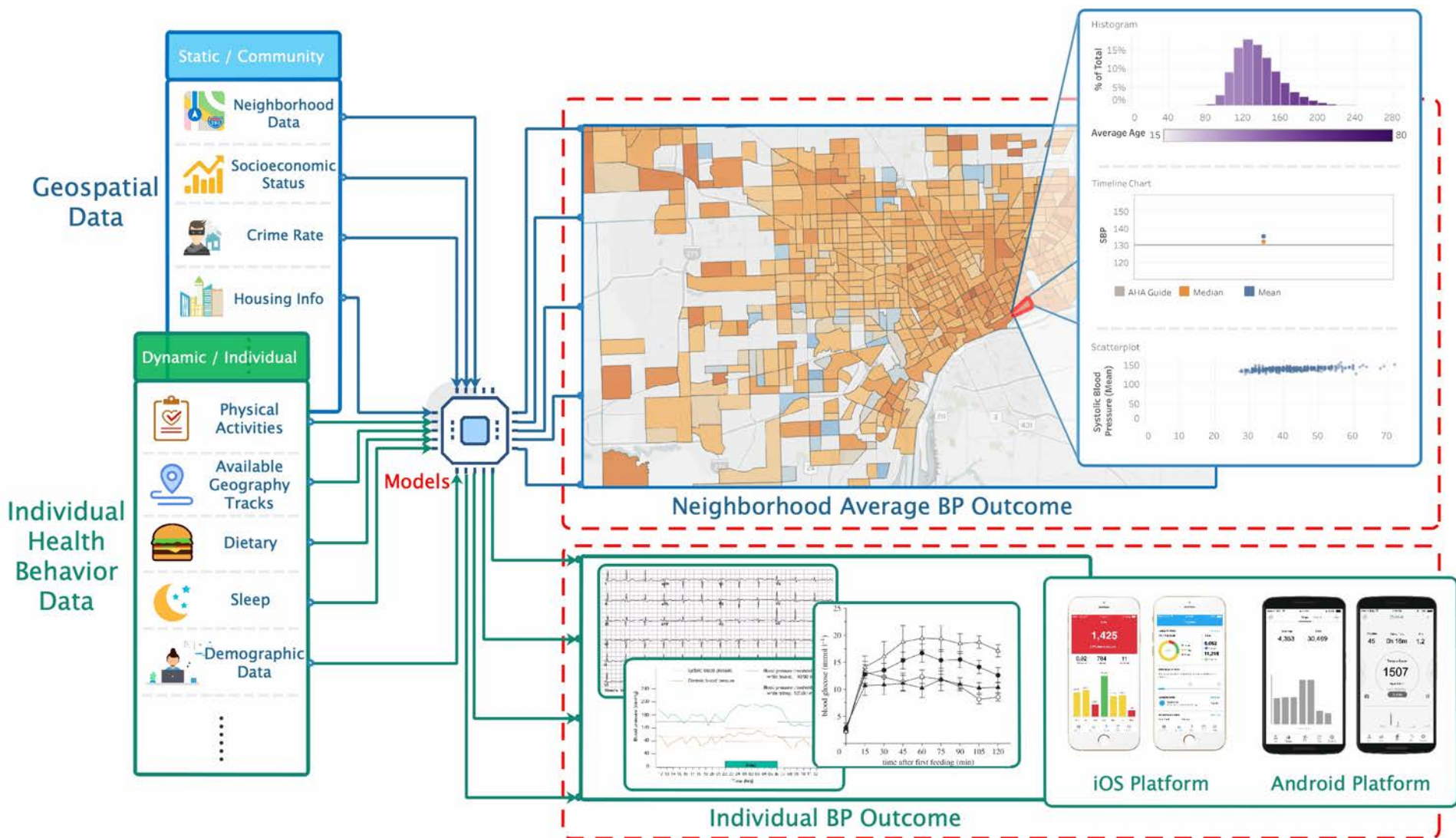
☒ Spanish/Hispanic

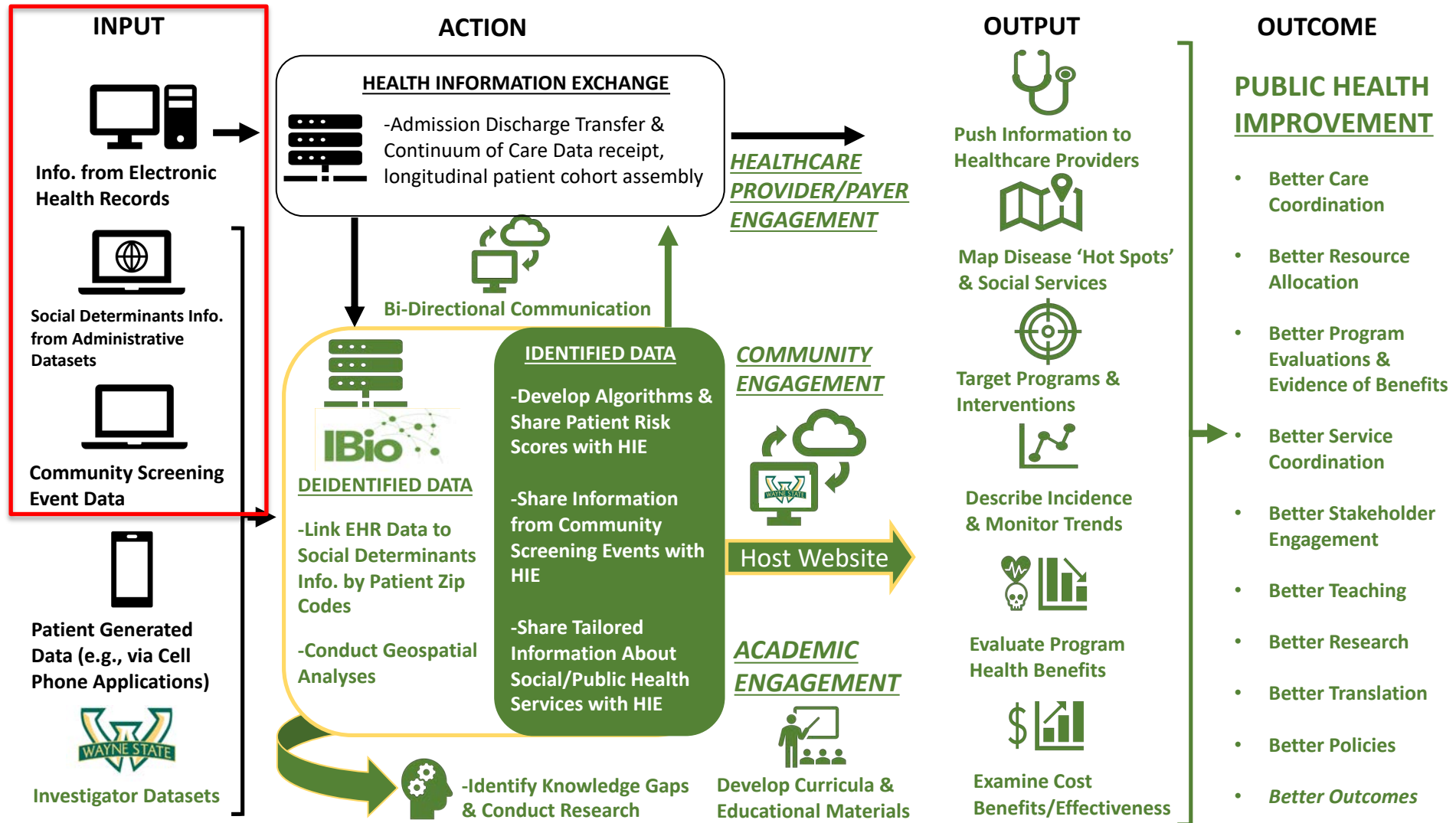
☒ Unknown

☒ White

Source	Description	Level	Open Access
MiHIN	Demographic, clinical information, insurance	Patient	No
OpenStreetMap	Point of Interests	City/Instance	Yes
Census Bureau	Socioeconomic data	Census Tract	Yes
Detroit Open Data Portal	Crime and violence data	Census Block	Yes
Michigan Department of Environmental Quality	Environmental conditions	Census Tract	Yes
USDA	Food access	Census Tract	Yes
Landgrid, Loveland Tech	Housing security	Census Block	Yes
Bureau of Labor Statistics	Monthly employment, unemployment	Census Tract	Yes
Data Driven Detroit	Transportation, education	Census Tract	Yes
Neighborhood Atlas	Area deprivation index	Census Block	Yes







# MEN'S HEALTH EVENT

(Date for 2020 to be announced in May!)

**Thank you for joining us at  
Men's Health Event**

**September 21, 2019**

Give it a shot! Immunizations aren't just for kids.

We hope you learned a lot about vaccines and how to "Fight like  
a Man" for your health!

**MEN'S HEALTH  
EVENT  
20XIX**

# Team fEMR

We created a fast, open-source Electronic Medical Records system for transient medical teams in order to promote data driven communication in low resource settings.

[EMR DEMO](#)

username: visitor  
password: NewPassword1

## We are students, doctors, and engineers

More importantly, we are volunteers. Our mission is to help to provide the best healthcare possible to people who are often without access to life's basic necessities.



femr

TriageMedicalPharmacyResearchManagerAdmin

A Guest

General Info

First Name \*

First Name

Last Name \*

Last Name

Phone Number

Phone Number

Address

Address

City \*

City Name

Age \*

Years

Months

OR

Birth Date

mm/dd/yyyy

OR

☐ infant 0-1

☐ child 2-12

☐ teen 13-17

☐ adult 18-64

☐ elder 65+

Gender \*

Male

Female

Patient Photo

Choose File

No file chosen

Vitals

Temperature

°F

Blood Pressure

Systolic

Diastolic

Heart Rate

bpm

Respirations

bpm

Weeks Pregnant

Weeks

Smoking ☐

Diabetes ☐

Oxygen Saturation

%

Height

Feet

Inches

Weight

lbs

BMI

Glucose

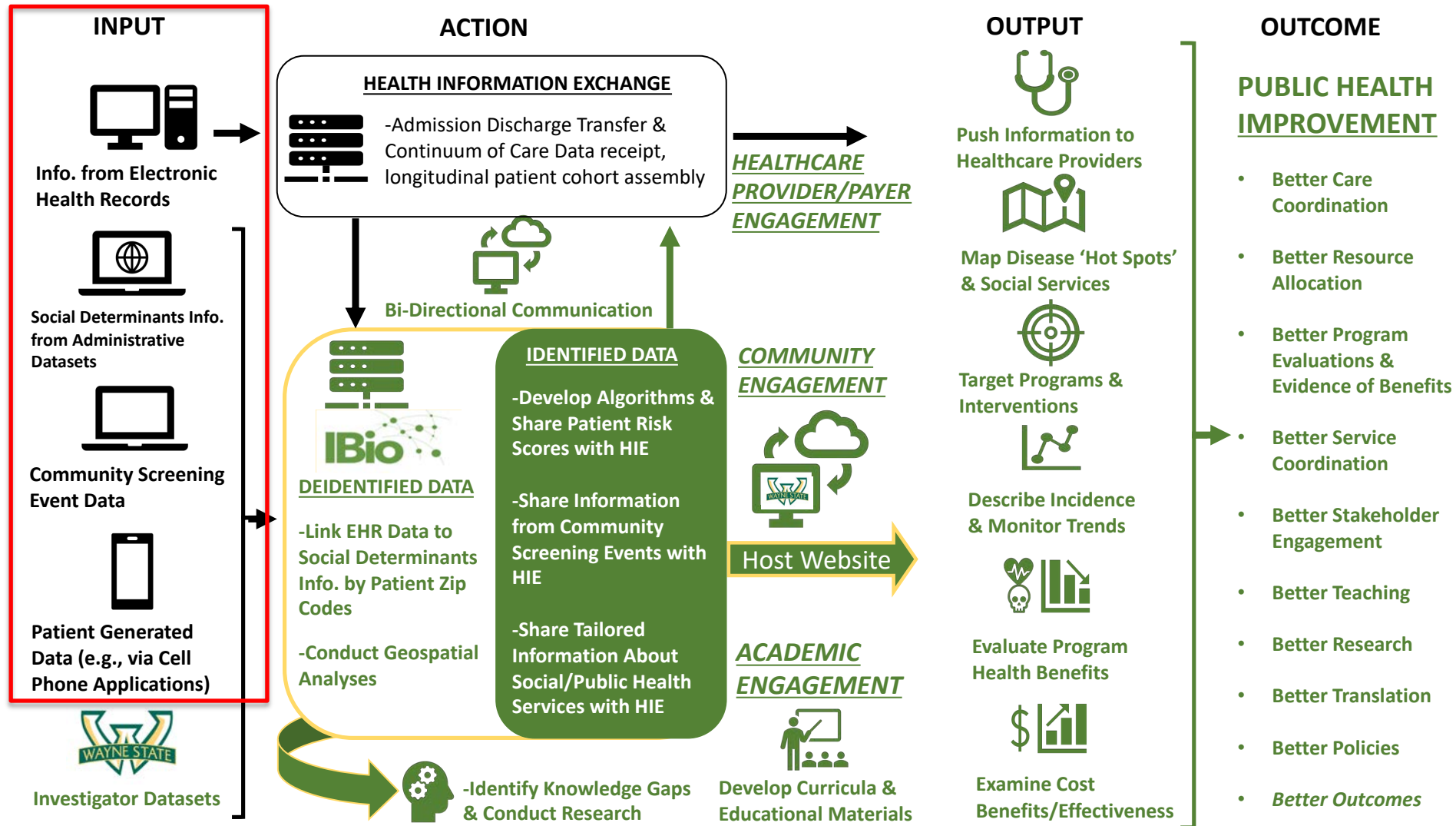
mg/dl

Alcohol ☐

+ Chief Complaint

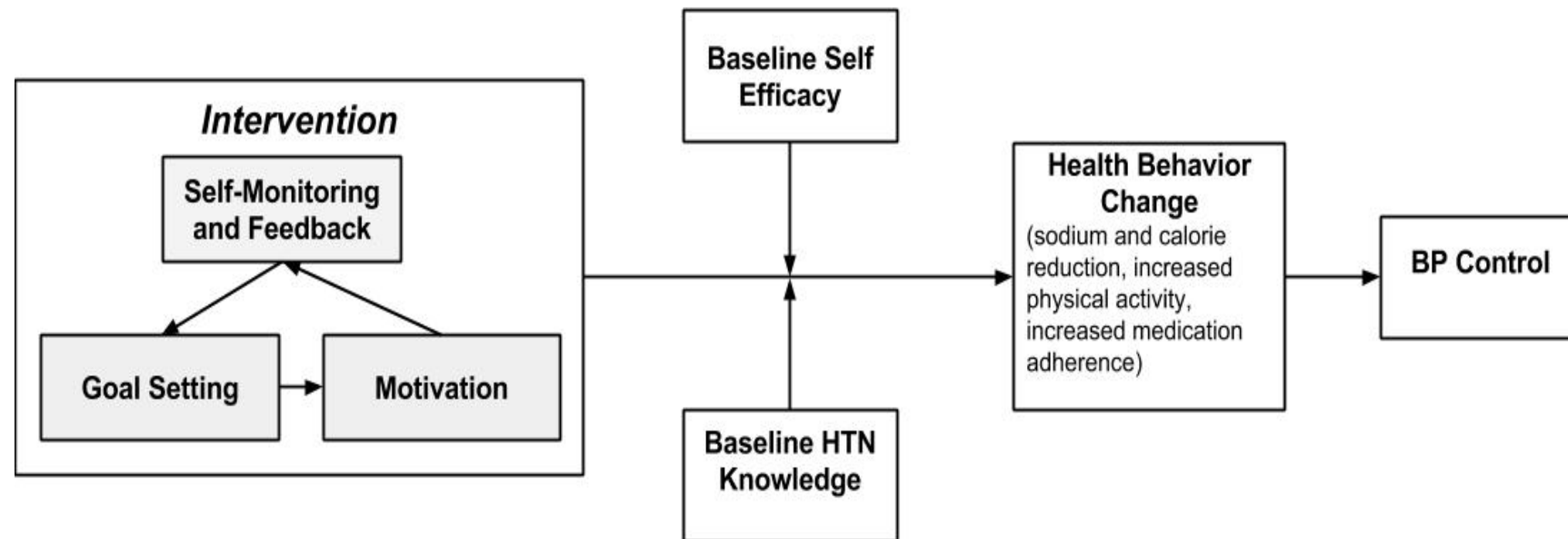
Reset Fields

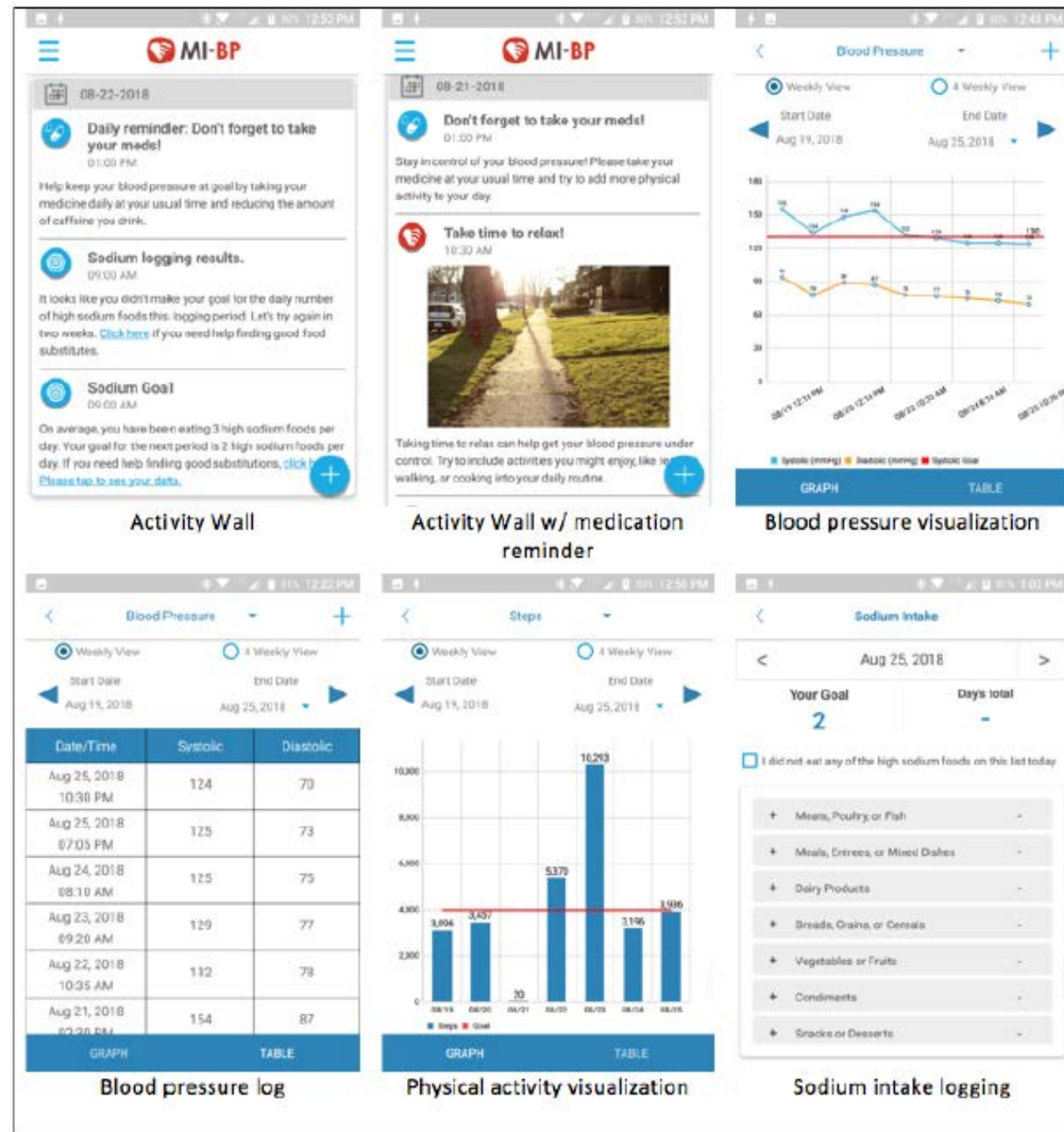
Submit Patient



# Improving Blood Pressure Among African Americans With Hypertension Using a Mobile Health Approach (the MI-BP App): Protocol for a Randomized Controlled Trial

Lorraine R Buis<sup>1</sup>, PhD; Katee Dawood<sup>2</sup>, BS; Reema Kadri<sup>1</sup>, MLIS; Rachelle Dawood<sup>2</sup>, BA; Caroline R Richardson<sup>1</sup>, MD; Zora Djuric<sup>1</sup>, PhD; Ananda Sen<sup>1</sup>, PhD; Melissa Plegue<sup>1</sup>, MA; David Hutton<sup>3</sup>, PhD; Aaron Brody<sup>2</sup>, MD, MPH; Candace D McNaughton<sup>4</sup>, MD, PhD; Robert Brook<sup>5</sup>, MD; Phillip Levy<sup>2</sup>, MD, MPH







[BUY NOW](#)

[LEARN MORE](#) →

Science Technology Innovation

## SensoSCAN®

Wellness at your Fingertips

- Blood Pressure
- Heart Rate
- Oxygen Saturation
- Respiration Rate
- Perfusion
- HRV
- PPG/ABP
- Activity Level
- Location
- Altitude

Future capabilities:

- Cardiac Output
- Stroke Volume
- Step Count
- Geo-Tracking
- AFib
- Sleep Score



**BUY NOW**

**LEARN MORE →**

Science Technology Innovation

## **SensorING®**

**Wellness at your Fingertips**

- Blood Pressure
- Heart Rate
- Oxygen Saturation
- Respiration Rate
- Perfusion
- ECG
- HRV
- PPG/ABP
- Activity Level
- Location
- Altitude

**Future capabilities:**

- Cardiac Output
- Stroke Volume
- Step Count
- Geo-Tracking
- AFib
- GSR
- Sleep Score

9:30



## Daily Records

January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4

## Your Symptoms

Migraine	1 - Mild
----------	----------

Difficulty Breathing	1 - Mild
----------------------	----------

## Your Quality of Life

Overall Rating	5 (out of 7)
----------------	--------------

## Your Metrics

Systolic Blood Pressure	122.0 mmHG
-------------------------	------------

Perfusion Index	7.4 %
-----------------	-------

Diastolic Blood Pressure	78.0 mmHG
--------------------------	-----------

Resting Heart Rate	70.0 BPM
--------------------	----------

## Your Medications

QVAR	160.0 mcg
------	-----------

Imitrex - Nasal	10.0 mg
-----------------	---------



9:31

< Back

Symptoms

Next

Please rate the severity of your symptoms today.

0 = None, 1 = Mild, 2 = Moderate, 3 = Severe, 4 = Very Severe

---

Migraine

How bad were your migraines?

0 1 2 3 4

How many times did you experience this symptom today?

−

 1 

+

---

Difficulty Breathing

How difficult was it to breathe?

0 1 2 3 4

---

9:31

< Back

Overall

Next

How would you rate your overall quality of life today?

1 = Very Poor, 7 = Excellent

1 2 3 4 5 6 7

31

Daily

Charts

Profile

9:32



Charts

30 Days

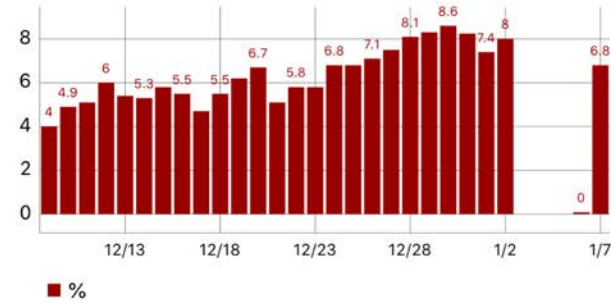
Comparisons

Medications

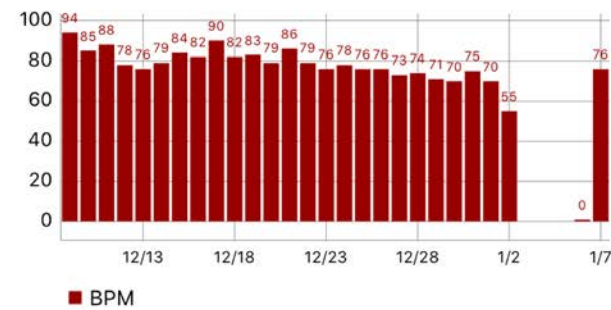
Symptoms

Metrics

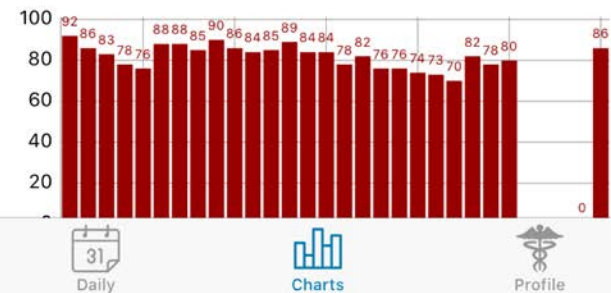
## Perfusion Index



## Resting Heart Rate



## Diastolic Blood Pressure



Daily



Charts



Profile

9:32



Charts

30 Days

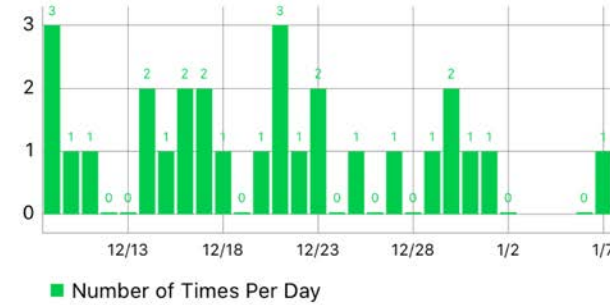
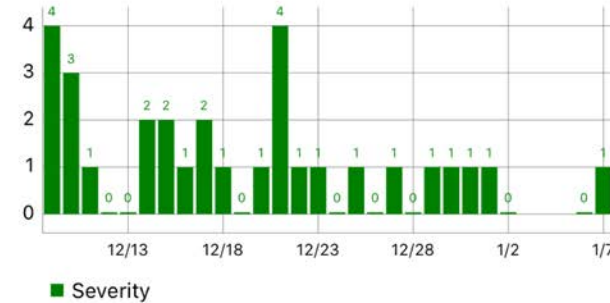
Comparisons

Medications

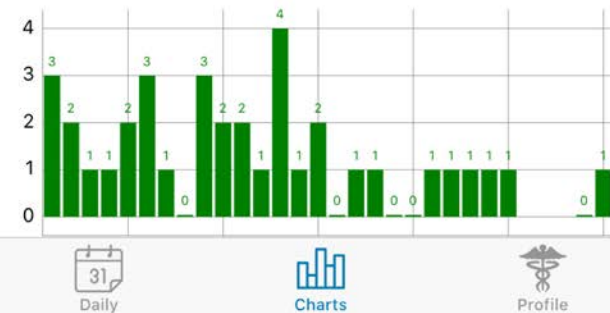
Symptoms

Metrics

## Migraine



## Difficulty Breathing



Daily



Charts



Profile

9:32



Charts

30 Days

Comparisons

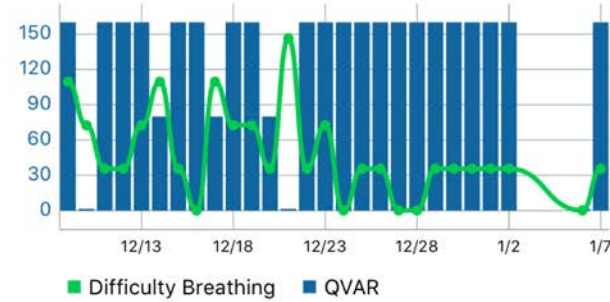
Medications

Symptoms

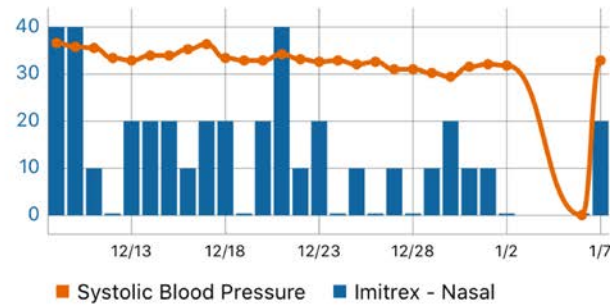
Metrics

[+ New Comparison](#)

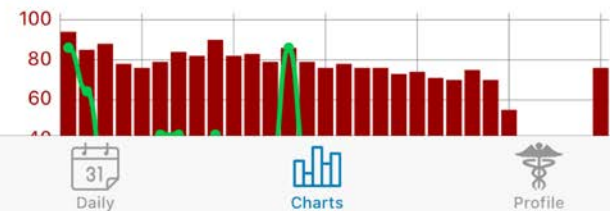
QVAR vs. Difficulty Breathing

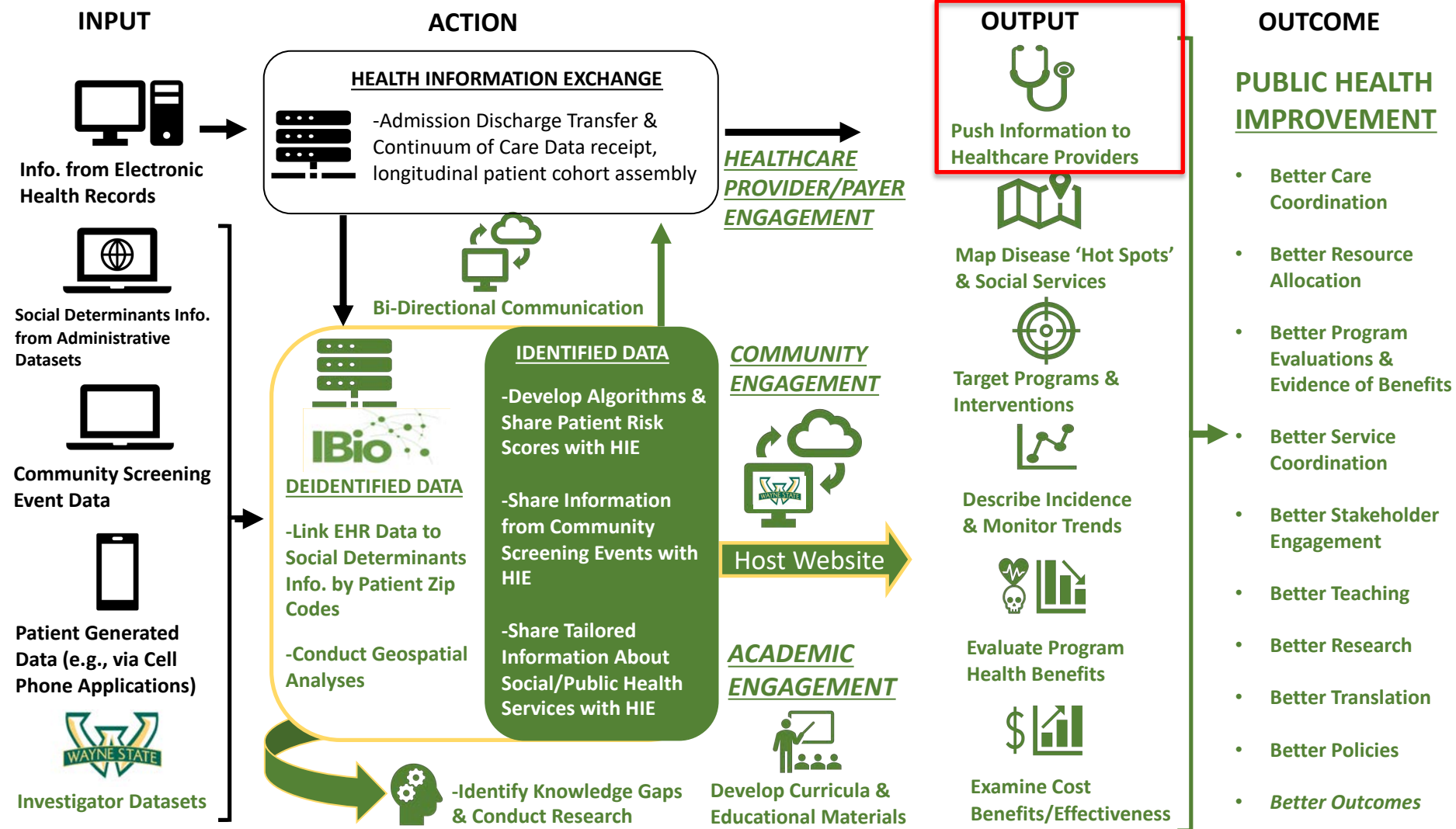


Imitrex - Nasal vs. Systolic Blood Pressure

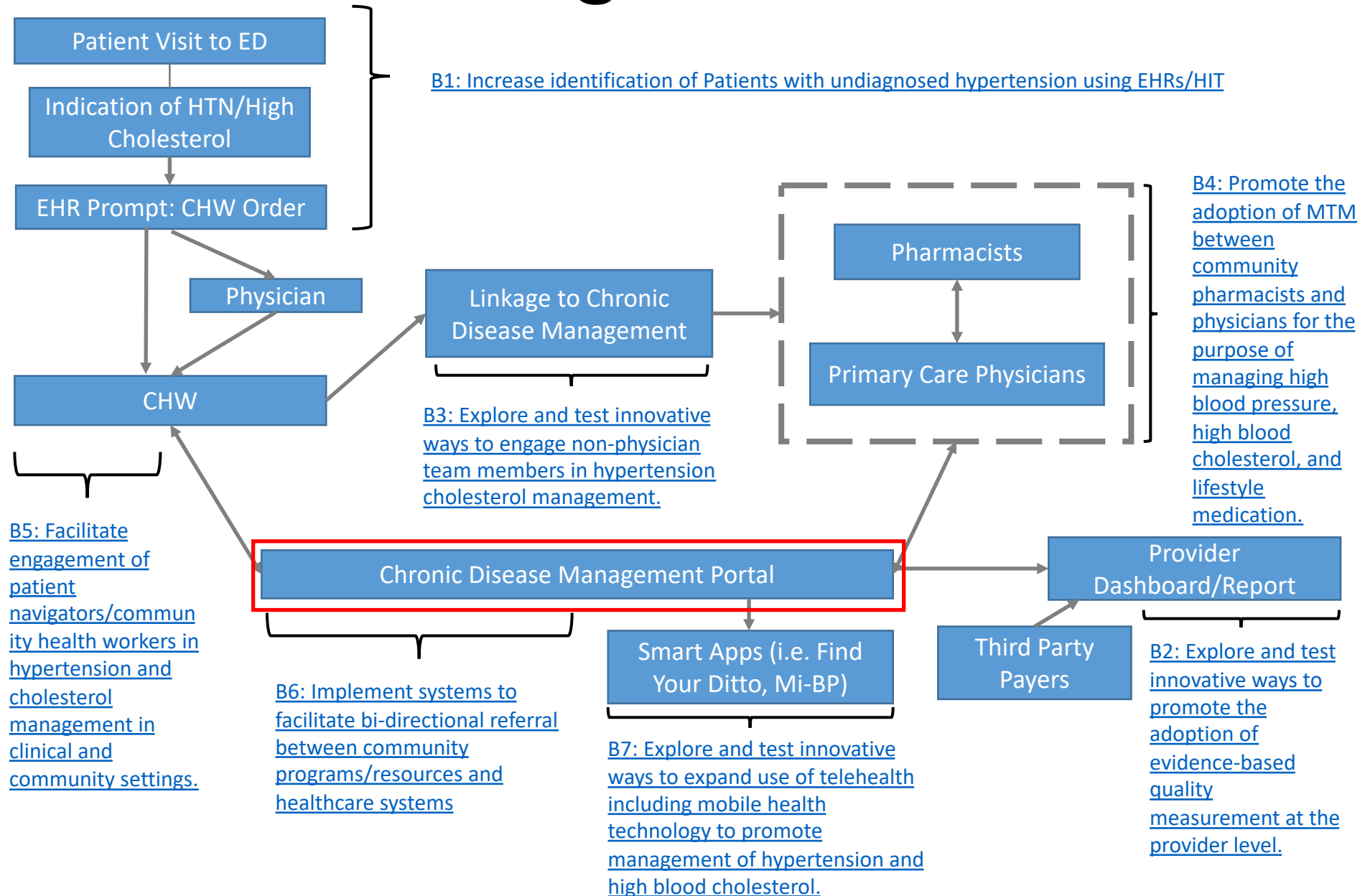


Resting Heart Rate vs. Migraine





# Bring It Down





MRN: 12345678

AGE: 54

EMPLOYER: General Motors

ROLE: Manufacturing - Welding

LOCATION: Detroit, Michigan

	Prior BP	Current BP	Next Visit BP	ASCVD Target BP
SYS	156	↑ 155	↓ 148	117
DIA	95	95	82	77
Pulse	80	74	70	22

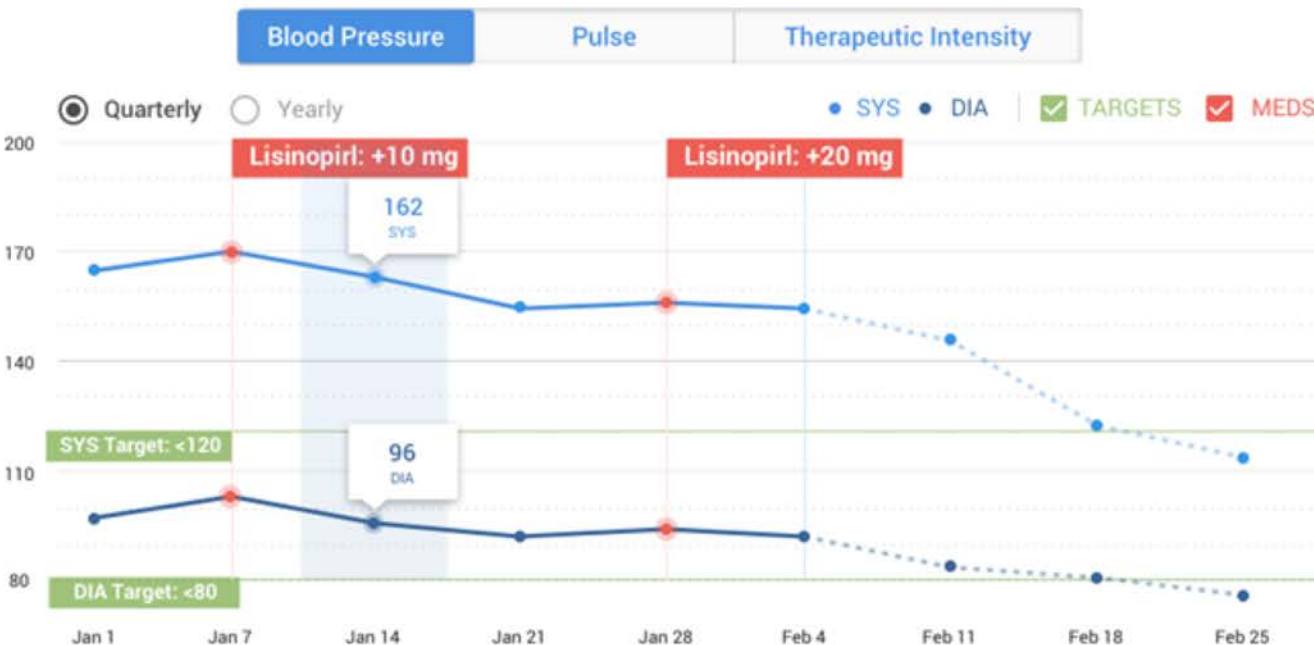
SOCIAL DETERMINANTS OF HEALTH

- Economic Stability: Fair
- Livability: Above Standard
- Education: Below Regional Standards
- Food Access: No 'healthy' options within 5 mi

BEHAVIORAL RISKS

- ✓ Low Physical Activity
- ✓ Poor diet adherence
- ☐ Missed medical encounters
- ☐ Alcohol Risk

TRENDS OVERTIME



ORDER HISTORY

Orders	Date	BP
Lab Results	01/07/2019	165/99
VALUE		RESULTS
Blood Urea Nitrogen		20 mg/dL
Glucose		102 mg/dL
Creatinine		1.3 mg/dL
Urine Albumin/Creatinine		30 mg/L
Lisinopirl	01/07/2019	170/104
Nutritionist	01/14/2019 @ 11...	162/96
Excercise	01/21/2019	155/92
Lisinopirl	01/28/2019	156/95
Support Group	02/04/2019 @ 3...	155/95
Support Group	02/11/2019 @ 3...	---



MRN: 12345678

AGE: 54

EMPLOYER: General Motors

ROLE: Manufacturing - Welding

LOCATION: Detroit, Michigan

	Prior BP	Current BP	Next Visit BP	ASCVD Target BP
SYS	156	↑ 155	↓ 148	117
DIA	95	95	82	77
Pulse	80	74	70	22

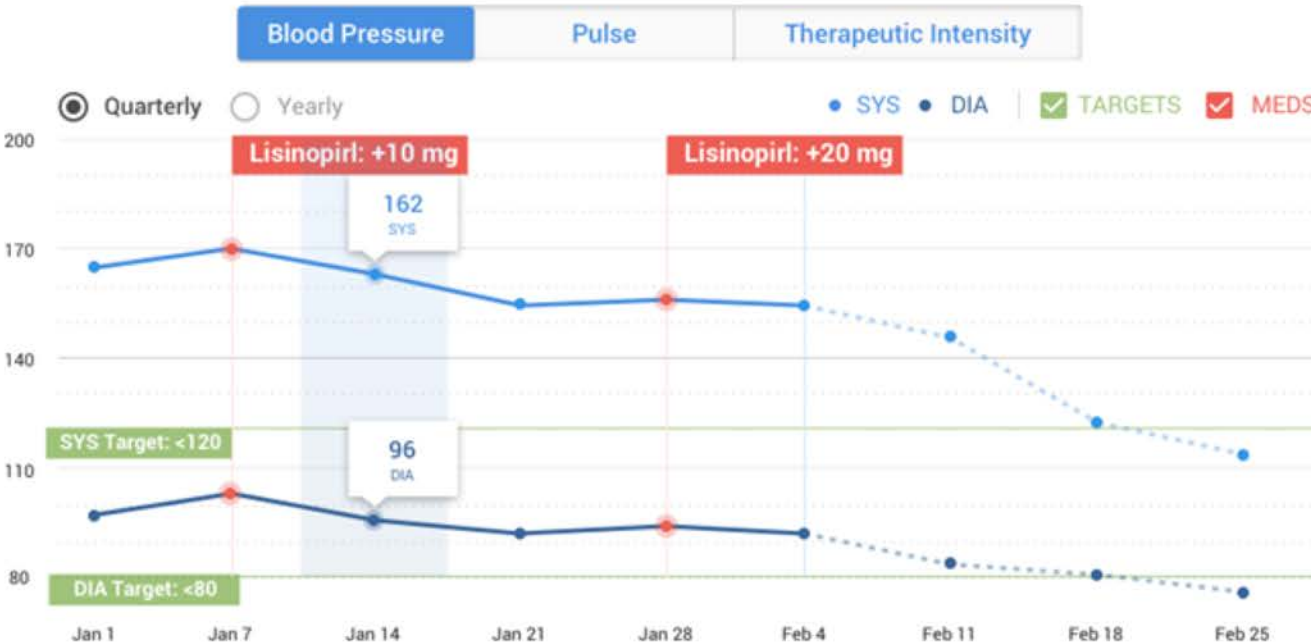
SOCIAL DETERMINANTS OF HEALTH

- Economic Stability: Fair
- Livability: Above Standard
- Education: Below Regional Standards
- Food Access: No 'healthy' options within 5 mi

BEHAVIORAL RISKS

- ☒ Low Physical Activity
- ☒ Poor diet adherence
- ☐ Missed medical encounters
- ☐ Alcohol Risk

TRENDS OVERTIME



ORDER HISTORY

All Orders

Orders	Date	BP
Lab Results	01/07/2019	165/99
VALUE		RESULTS
Blood Urea Nitrogen		20 mg/dL
Glucose		102 mg/dL
Creatinine		1.3 mg/dL
Urine Albumin/Creatinine		30 mg/L
Lisinopirl	01/07/2019	170/104
Nutritionist	01/14/2019 @ 11...	162/96
Excercise	01/21/2019	155/92
Lisinopirl	01/28/2019	156/95
Support Group	02/04/2019 @ 3...	155/95
Support Group	02/11/2019 @ 3...	---

## Referrals

## Classes

...

**HFHS Smoking Cessation Program**

Community Center · 9464 Main St  
Learn about the effect of cigarette smoking on  
you BP

**Next Available Date**

Mon. 3/4/2019

9:30 am

10:45 am

Thur. 3/7/2019

1:30 pm

4:45 pm

**HFHS Diabetes Prevention Program**

GW Hospital · 9464 Main St  
Better glucose management; Better BP  
management

Mon. 3/4/2019

9:30 am

10:45 am

Thur. 3/7/2019

1:30 pm

4:45 pm

**Fitness Workshop @ FitnessWorks**

Community Center · 9464 Main St  
Learn about the effect of cigarette smoking on  
you BP

Mon. 3/4/2019

9:30 am

10:45 am

Thur. 3/7/2019

1:30 pm

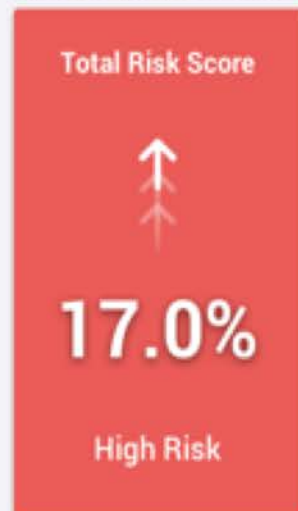
4:45 pm

SEND REFERRALS



Zoom in

## ASCVD RISK SCORE



### ASCVD Risk Today

Smoker	Former
On HTN Rx	YES
On Statin	YES
On Aspirin	YES
Diabetic	NO
SBP	141

[SHOW MORE](#)

## RISK REDUCTION ADVICE

- BP:** For stage 2 HTN, initiation/titration of antihypertensive drug therapy (with 2 agents of different classes) in combination with nonpharmacological therapy is recommended
- LDL-C:** Moderate intensity statin is recommended if decided upon as part of a clinician-patient discussion
- Diet:** Sodium reduction is recommended with consumption of no more than 2,400 mg of sodium daily, and reduction to 1,500 mg/day can result in even greater BP reduction

## RECOMMENDATIONS AND TREATMENT PLAN

Medication	Dosage	Date	Source	Order Status
<input checked="" type="checkbox"/> Norvasc	↑ 5 mg	02/04/2019	PCP	● PAST DUE
<input checked="" type="checkbox"/> Lisinopril	↑ 40 mg	02/04/2019	STS	● ORDERED

### Recommended Diet/Nutrition

- ☒ **DASH Diet**  
Consume a diet rich in fruits, vegetables, whole grains, and low-fat dairy products, with reduced...
- ☐ **Dietary Sodium**  
Optimal goal is <1500 mg/d, but aim for at least a 1000-mg/d reduction in most adults.
- ☐ **Dietary Potassium**  
Aim for 3500–5000 mg/d, preferably by consumption of a diet rich in potassium.

Hypertension    Normotension  
EST. IMPACT ON SBP

-11 mm Hg    -3 mm Hg

-5/6 mm Hg    -2/3 mm Hg

-4/5 mm Hg    -2 mm Hg

### Physical Activity

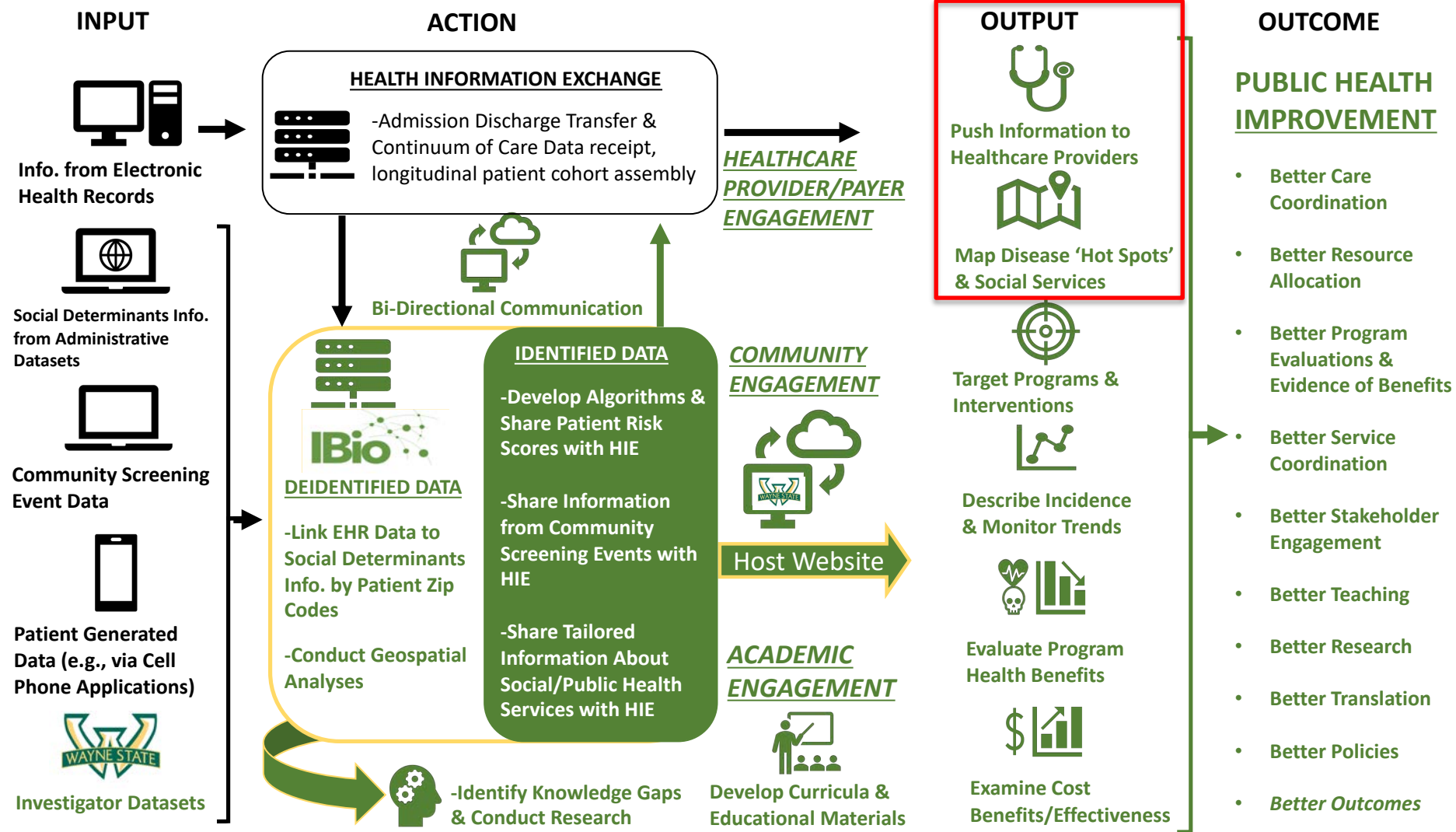
- ☒ **Aerobic**
  - 90–150 min/wk
  - 65%–75% heart rate reserve
- ☐ **Dynamic Resistance**
  - 90–150 min/wk
  - 50%–80% 1 rep maximum
  - 6 exercises, 3 sets/exercise, 10 repetitions/set.
- ☐ **Isometric Resistance**
  - 4 × 2 min (hand grip), 1 min rest between exercises, 30%–40% maximum voluntary contraction, 3 sessions/wk

Hypertension    Normotension  
EST. IMPACT ON SBP

-5/8 mm Hg    -2/4 mm Hg

-4 mm Hg    -2 mm Hg

-5 mm Hg    -4 mm Hg





## WISEWOMAN

CDC > WISEWOMAN Home



[Home](#) WISEWOMAN Home

About WISEWOMAN

Services

Locations

Success Stories



Resources



FAQs

Related CDC Web Sites



## WISEWOMAN Overview

The WISEWOMAN (**W**ell-Integrated **S**creening and **E**valuation for **W**OMen **A**cross the **N**ation) program serves low-income, uninsured, and underinsured women ages 40 to 64 years, with heart disease and stroke risk factor screenings and services that promote healthy behaviors to reduce the risk for [heart disease](#) and [stroke](#). This program funds 24 awardees in 21 state health departments and 3 tribal organizations. For the first time, CDC has included an innovation component awarded to a subset of awardees that receive core funding to support the implementation and evaluation of a small set of innovative strategies designed to reduce risks, complications, and barriers to the prevention and control of heart disease and stroke.

Administered through CDC's [Division for Heart Disease and Stroke Prevention \(DHDSP\)](#), the WISEWOMAN program operates in states and tribal organizations that participate in the [National Breast and Cervical Cancer Early Detection Program \(NBCCEDP\)](#), which helps ensure women participating in the NBCCEDP receive a full range of health services.



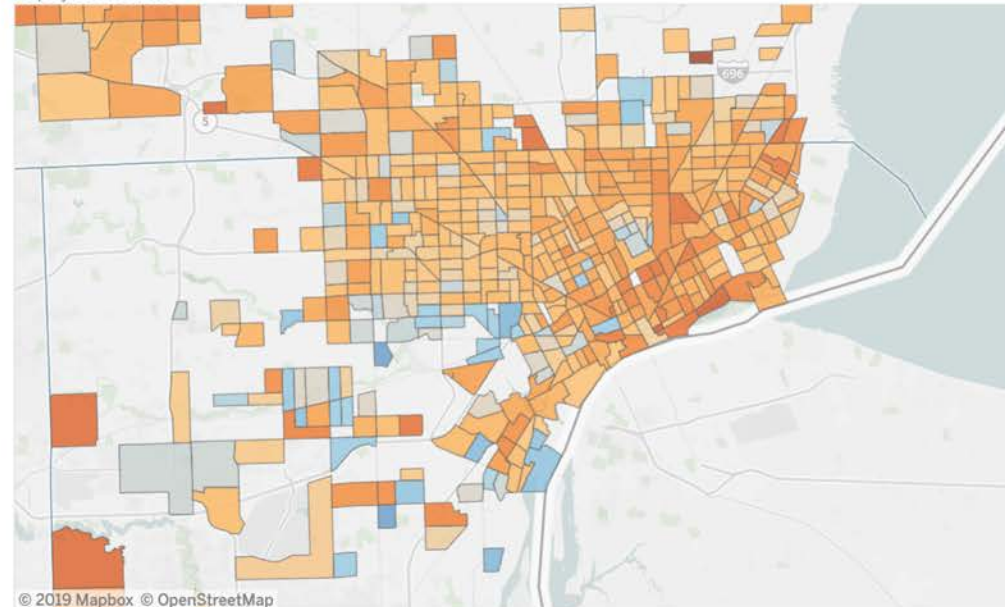
The WISEWOMAN program serves low-income, uninsured, and underinsured women aged 40 to 64 years.



## Hypertension Dashboard Metro-Detroit (Wayne, Oakland, Macomb, and Livingston Counties)

Select a Vital Category to Explore: Systolic Blood Pressure (Mean)

Map by Census Tract

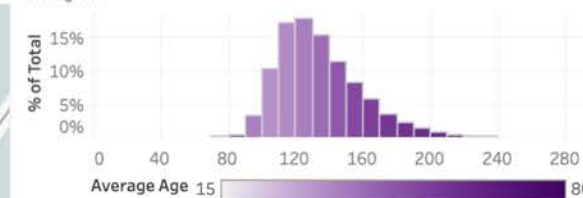


Set map legend midpoint as: AHA Guideline (Midpoint: 130)

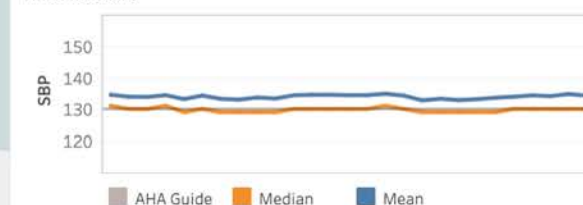
121 151

Race/Ethnicity	Number of Records	Mean SBP	Mean DBP	Mean HR	Mean Age	Mean Temp	% of Total
Black/African American	237,485	133.77	81.21	89.73	40	36.79	77.84%
White	42,788	134.24	79.36	90.59	46	36.73	14.03%
Other Race or More than On..	16,748	134.94	80.64	88.40	47	36.76	5.49%
Unknown	5,233	133.07	80.33	89.96	42	36.78	1.72%
Spanish/Hispanic	2,821	131.50	80.18	90.38	40	36.75	0.92%
Grand Total	305,075	133.87	80.90	89.79	42	36.78	100.00%

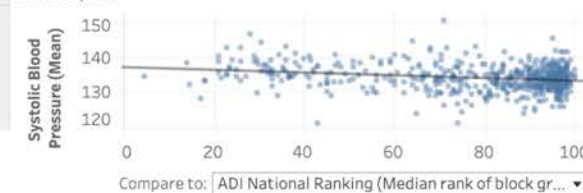
Histogram



Timeline Chart



Scatterplot



Filter Data:

Select County

ALL COUNTIES

Select City

ALL CITIES

Date of Arrival

Dec 2016-Feb 2019

(All)

Gender

Female  
☐ (All)  
☐ Null  
☒ Female  
☐ Male  
☐ Unknown

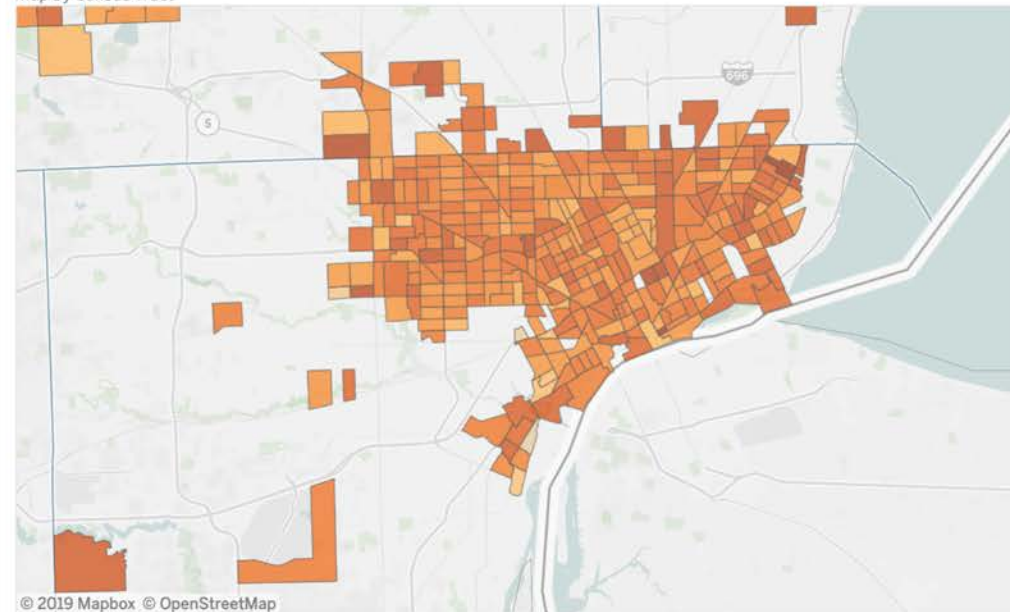
Race/Ethnicity

☒ (All)  
☒ Black/African American  
☒ Other Race or More th...  
☒ Spanish/Hispanic  
☒ Unknown  
☒ White

# Hypertension Dashboard Metro-Detroit (Wayne, Oakland, Macomb, and Livingston Counties)

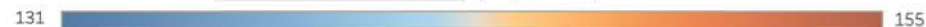
Select a Vital Category to Explore: Systolic Blood Pressure (Mean)

Map by Census Tract



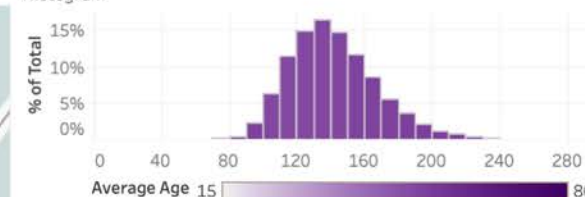
© 2019 Mapbox © OpenStreetMap

Set map legend midpoint as: AHA Guideline (Midpoint: 130)

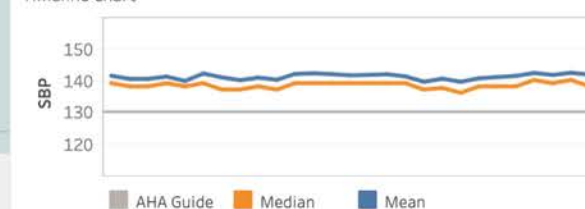


Race/Ethnicity	Number of Records	Mean SBP	Mean DBP	Mean HR	Mean Age	Mean Temp	% of Total
Black/African American	78,758	142.02	85.77	89.27	52	36.76	76.50%
White	14,585	136.79	82.09	89.05	52	36.70	14.17%
Other Race or More than On..	6,625	140.07	84.29	87.92	52	36.75	6.44%
Unknown	2,005	138.75	84.14	87.74	51	36.77	1.95%
Spanish/Hispanic	975	137.17	82.80	87.93	51	36.72	0.95%
Grand Total	102,948	141.04	85.09	89.11	52	36.75	100.00%

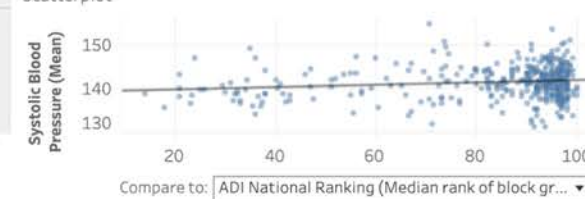
Histogram



Timeline Chart



Scatterplot



Filter Data:

Select County

ALL COUNTIES

Select City

ALL CITIES

Date of Arrival

Dec 2016-Feb 2019

(All)

Gender

Female

Age at Time of Visit

40 64

Race/Ethnicity

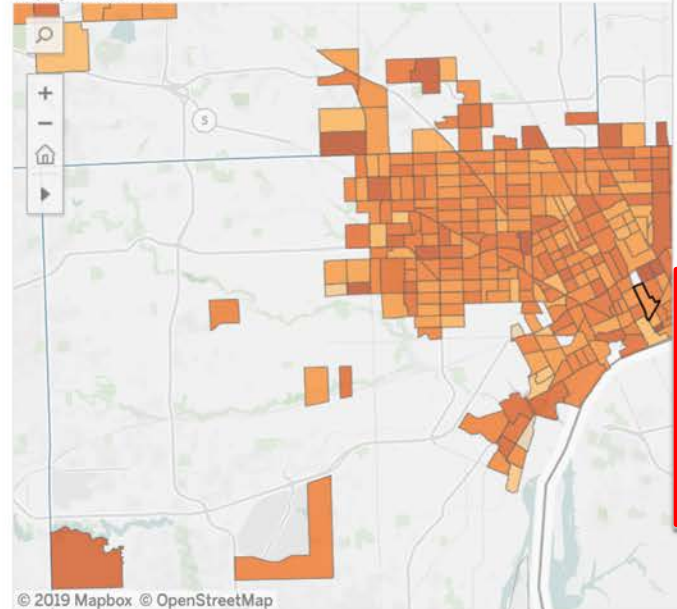
- ☒ (All)
- ☒ Black/African American
- ☒ Other Race or More than On..
- ☒ Spanish/Hispanic
- ☒ Unknown
- ☒ White



# Hypertension Dashboard Metro-Detroit (Wayn

Select a Vital Category to Explore: Systolic Blood Pressure (Mean)

Map by Census Tract



Set map legend midpoint as: AHA Guideline (Midpoint: 130)



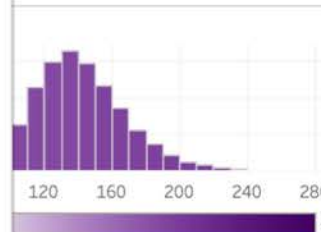
Race/Ethnicity	Number of Records	Mean SBP	Mean DBP	Mean HR	Mean Age	Mean Temp	% of Total
Black/African American	78,758	142.02	85.77	89.27	52	36.76	76.50%
White	14,585	136.79	82.09	89.05	52	36.70	14.17%
Other Race or More than On..	6,625	140.07	84.29	87.92	52	36.75	6.44%
Unknown	2,005	138.75	84.14	87.74	51	36.77	1.95%
Spanish/Hispanic	975	137.17	82.80	87.93	51	36.72	0.95%
Grand Total	102,948	141.04	85.09	89.11	52	36.75	100.00%

Tract ID: 26163518900

Number of Patient Records: 893  
Overall Patient Visit Rate greater than median: YES  
Mean SBP: **140.13**  
Mean DBP: **84.84**  
Mean HR: **90.46**  
Median SBP: **137.00**  
Median DBP: **84.00**  
Median HR: **89.00**

## Census Tract Information

Population: 2,122  
Occupied Housing Units (Households): 843  
Median Age: 29.30  
Population Age 65+: 15.08%  
Median Household Income: \$13,764  
Families Below Poverty Level: 60.90%  
Unemployment Rate: 35.30%  
Uninsured Population: 12.40%  
Life Expectancy at Birth: 72.10 years  
Non-White Population: 96.09%  
Renter-Occupied Housing Units: 99.29%  
Unoccupied Housing Units: 11.54%  
ADI National Ranking (median of block groups within tract): 100.00  
ADI State Ranking (median of block groups within tract): 10.000



## Filter Data:

Select County

ALL COUNTIES

Select City

ALL CITIES

Date of Arrival

Dec 2016-Feb 2019

(All)

Gender

Female

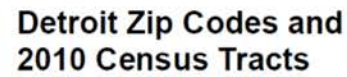
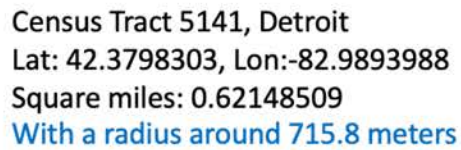
Age at Time of Visit

40

64

Race/Ethnicity

- ☒ (All)
- ☒ Black/African American
- ☒ Other Race or More than On..
- ☒ Spanish/Hispanic
- ☒ Unknown
- ☒ White



parking  
place\_of\_worship  
school  
ice\_cream  
doctors

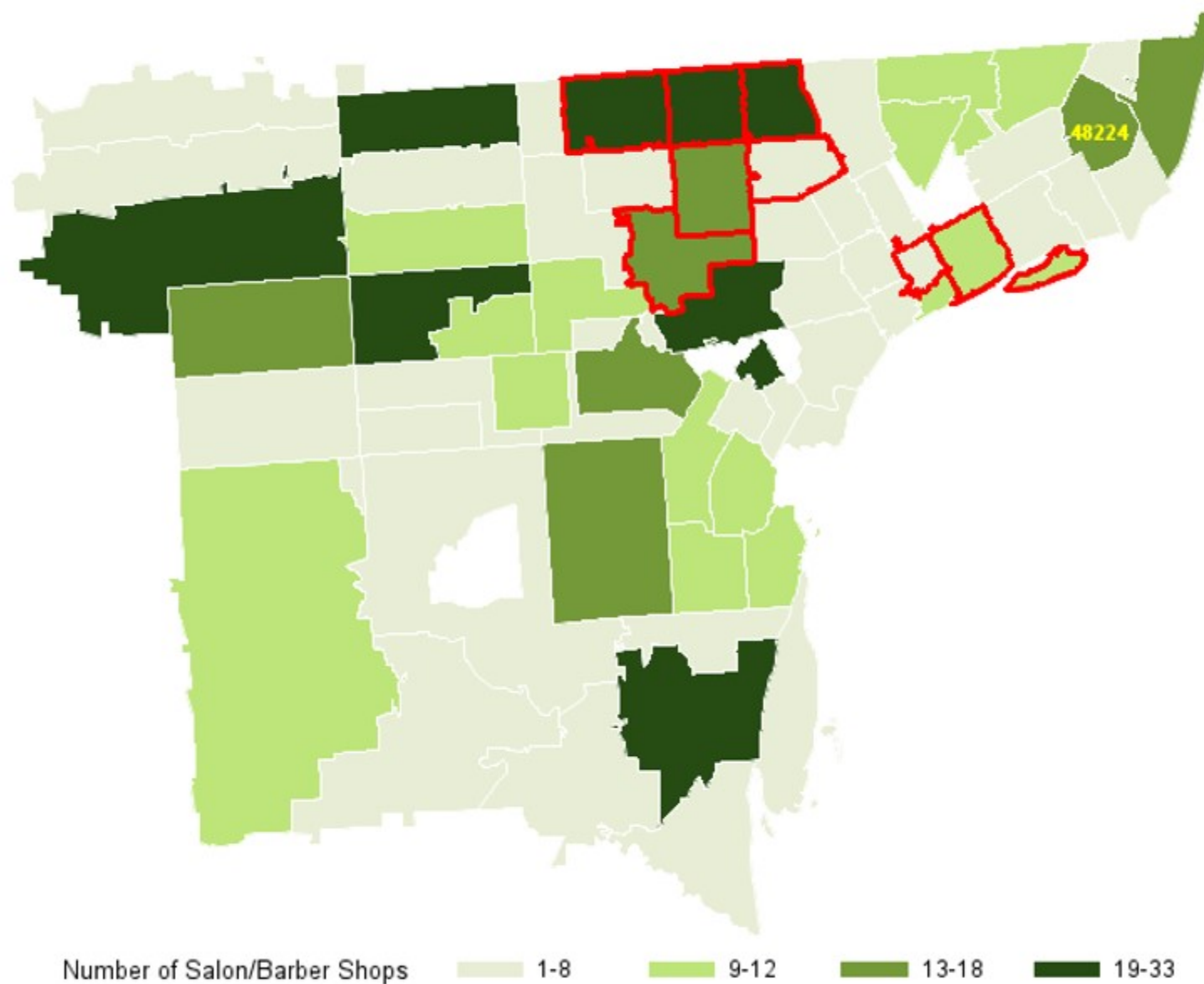
**Extraction:** `pois_from_point([lat,lon], radius)`  
Return with different radius values

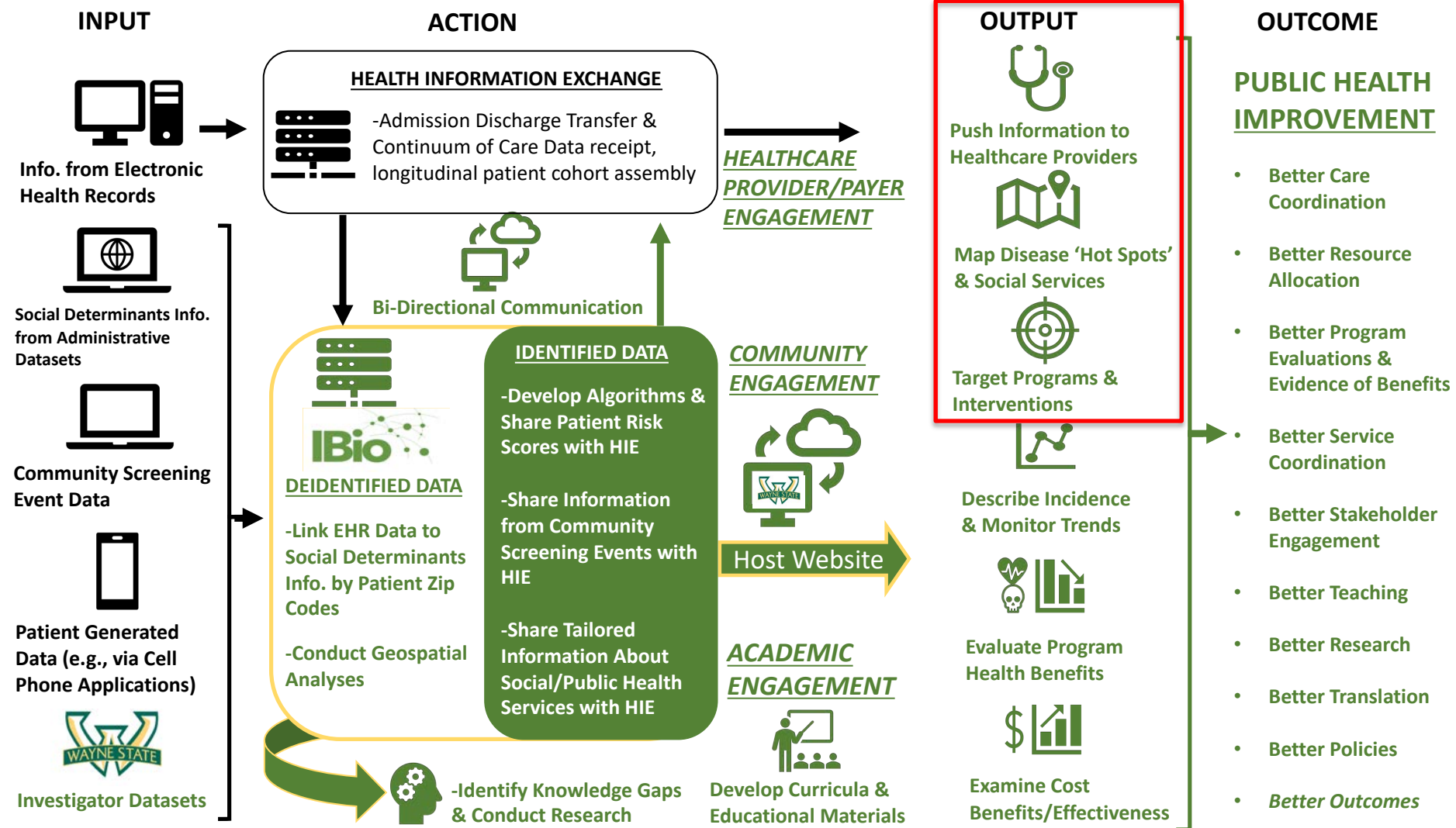
parking	18
place_of_worship	8
school	4
fuel	1
ice_cream	1
doctors	1
bus_station	1
marketplace	1

parking	97
place_of_worship	34
school	22
fast_food	4
social_facility	3
restaurant	2
fire_station	2
marketplace	1
bench	1
fuel	1
ice_cream	1
doctors	1
bus_station	1
car_wash	1
college	1

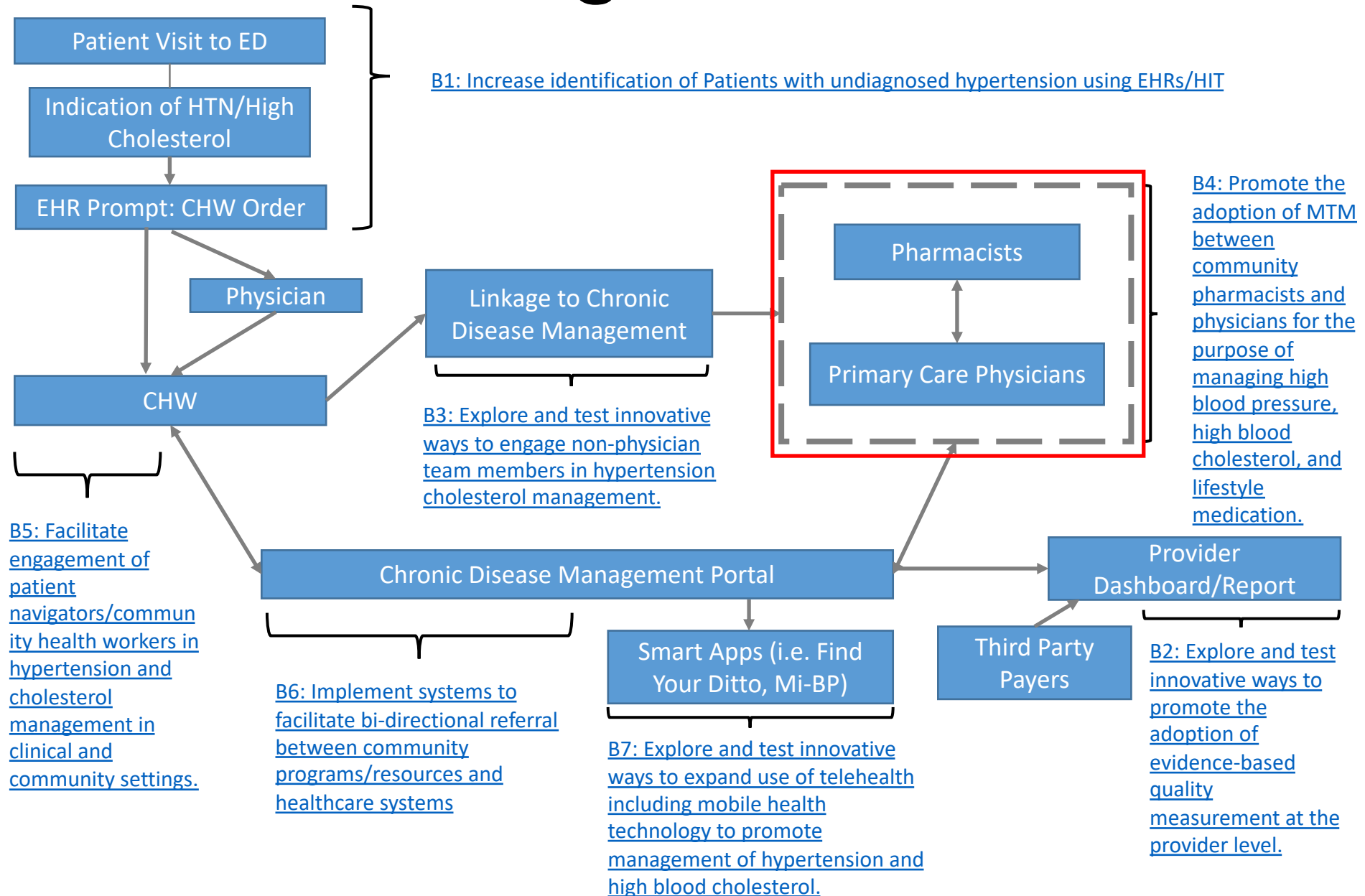
## Number of Salons/Barber Shops by Zip Code, Wayne County

[Red Outlined Zip Codes Had 1,163 (90th centile) or more Stage 2 Hypertension ED Encounters, Nov. 2017 through July 2019]





# Bring It Down



## Pharmacy Search

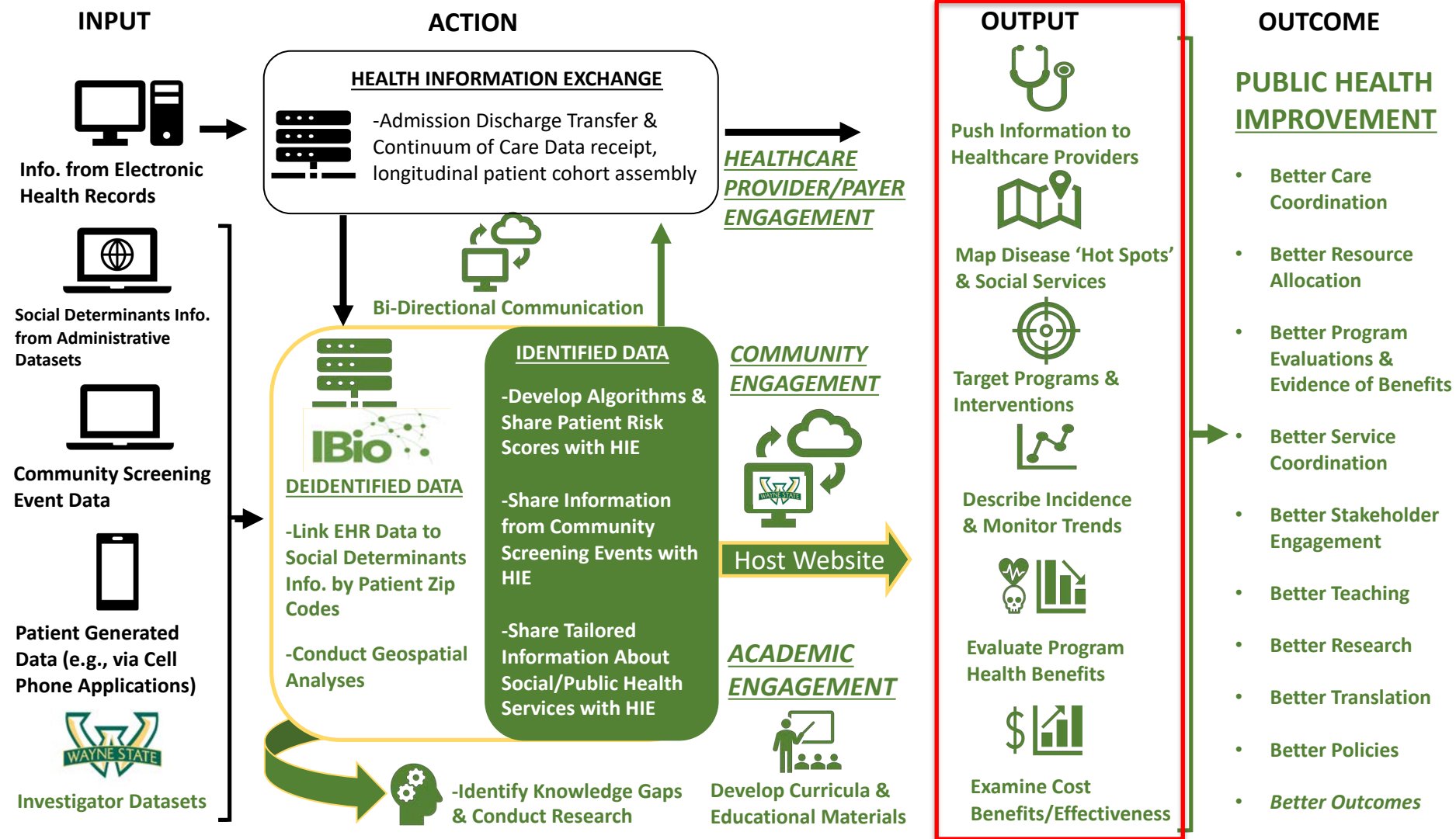
Search

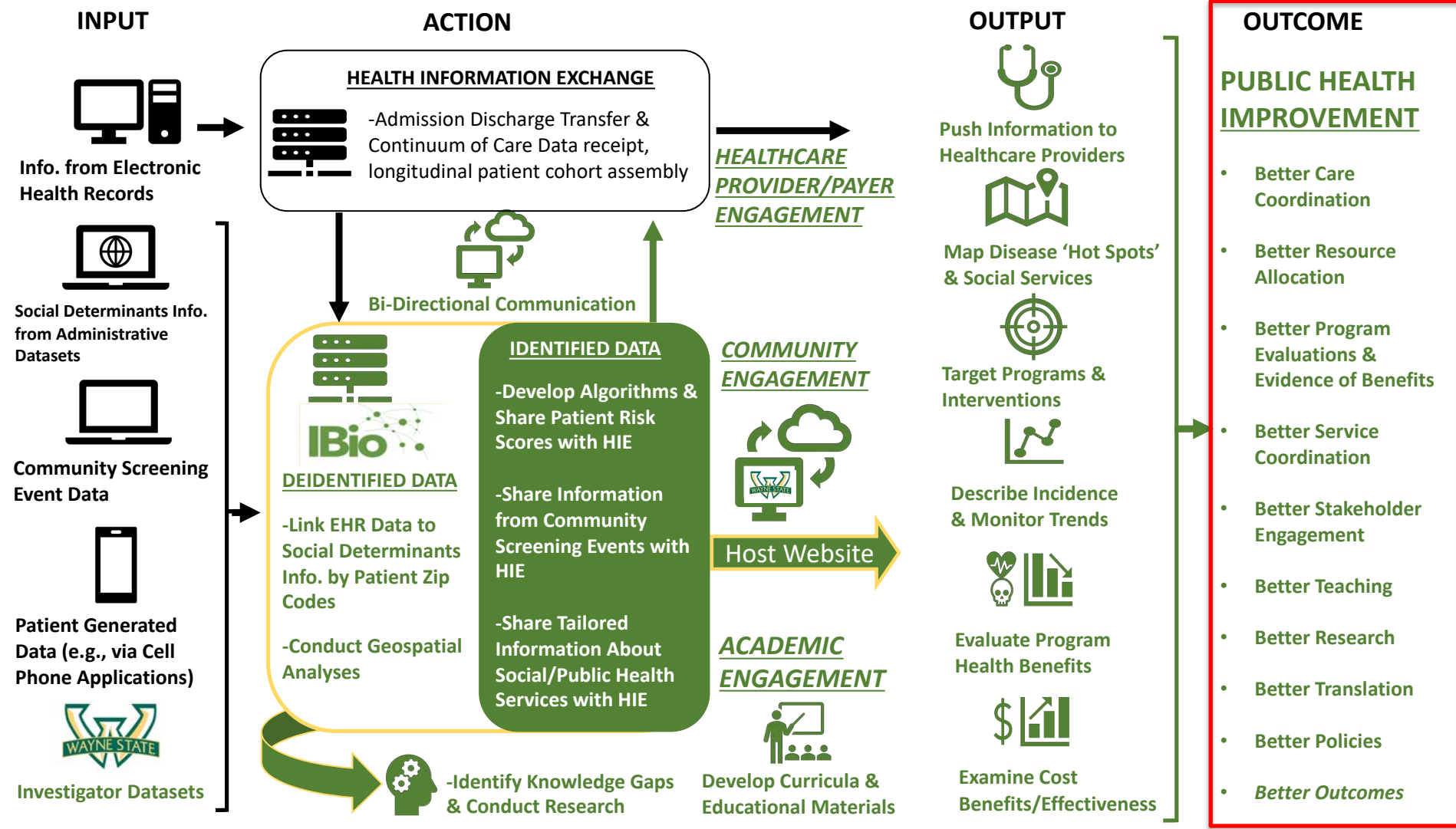
# Chronic Care Management

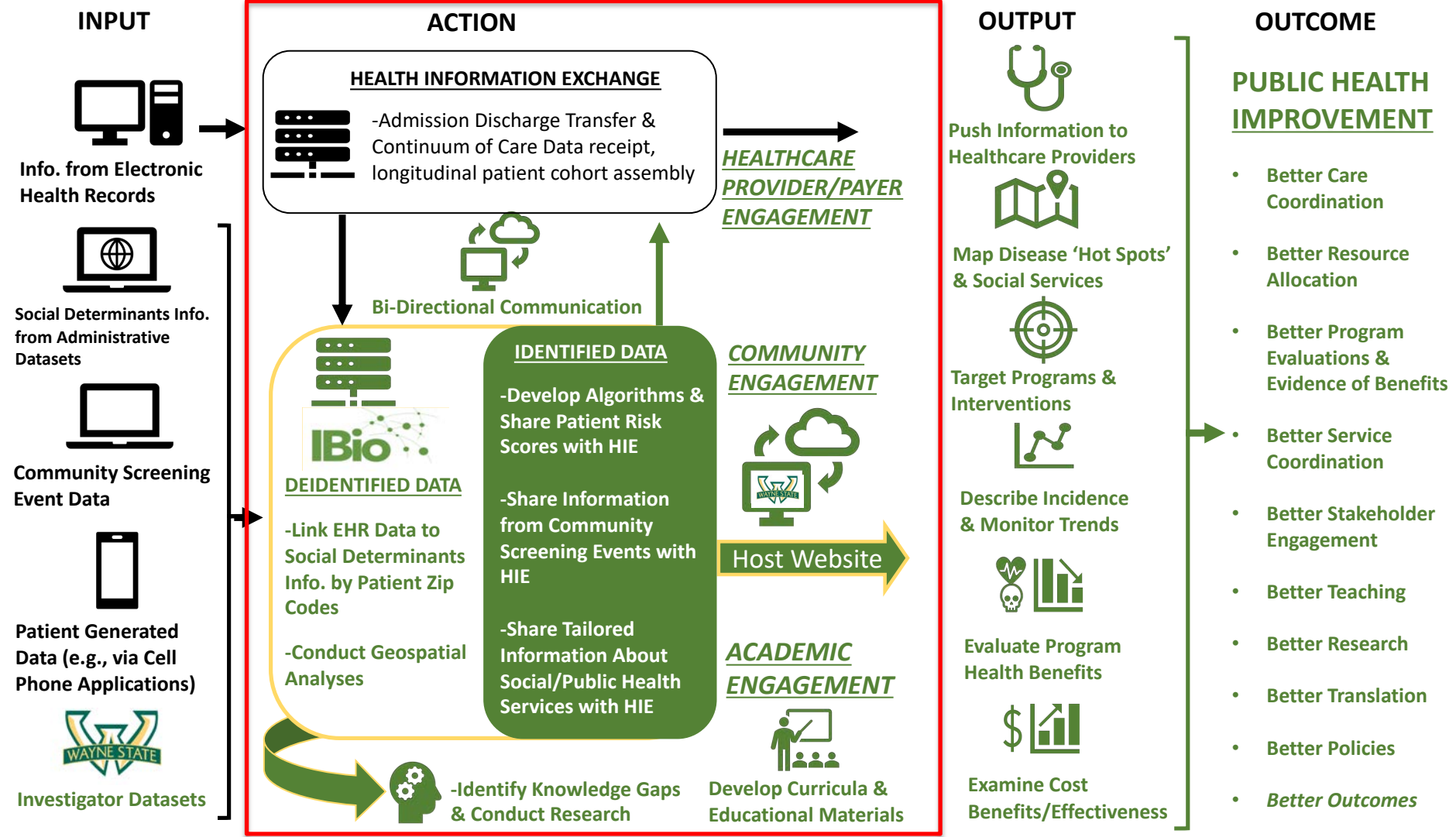
Billing Code	Approx. Reimbursement	Clinical staff time	Billing practitioner requirements
Non complex CCM CPT 99490	\$43	20 min. +	Ongoing oversight, direction, and management
CPT 99491 - For providers	\$74		
Complex CCM CPT 99487	\$94	60 min.	Above, plus medical decision-making of moderate-high complexity
Add-on to complex CCM CPT 99489	\$47	Each additional 30 min.	See above  Must be used with 99487
Add-on to initiating visit HCPCS G0506	\$64	N/A	Extensive assessment and CCM care planning beyond usual effort

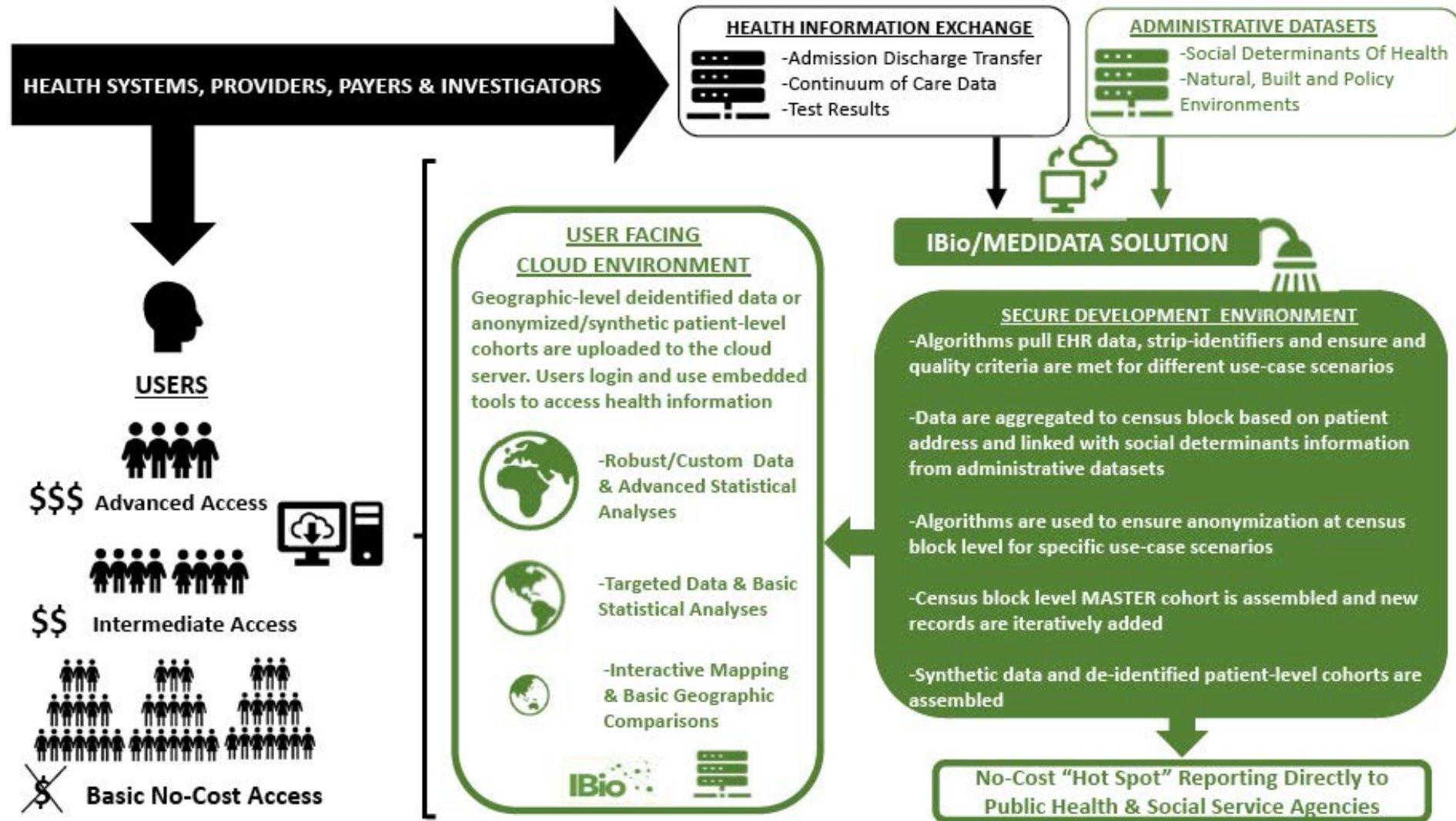
# Remote Patient Monitoring

Billing Code	Approx. Reimbursement	Clinical staff time	Billing practitioner requirements
99453	\$21	N/A	Initial set-up and education on the use of monitoring equipment
99454	\$69  May be billed every 30 d	N/A	Monitoring the daily recording(s) or programmed alert(s) transmission
99457	\$54  May be billed every 30 d	20 min. +	Interactive communication with the patient/caregiver



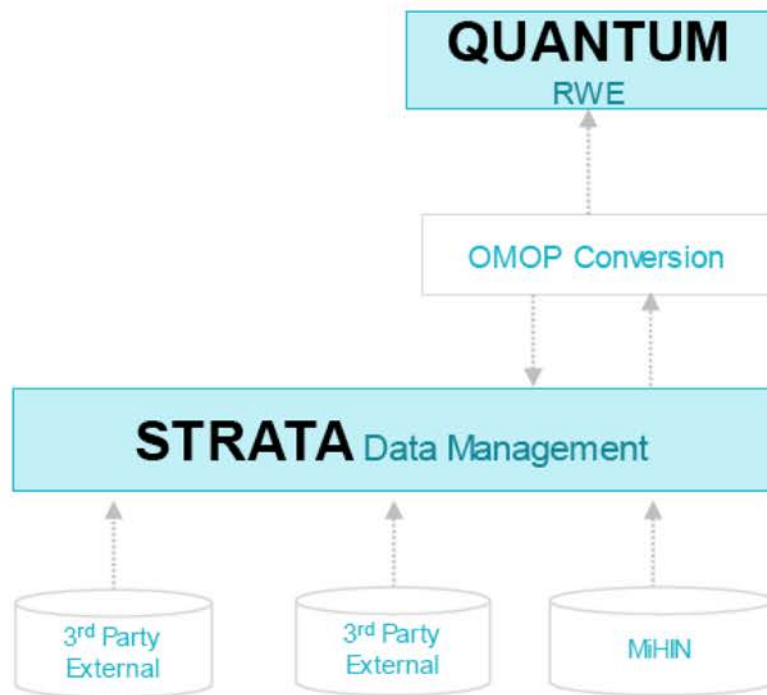






# PHOENIX PLATFORM

Proposed Framework: Priority Use-cases



## RWE RESEARCH PLATFORM

- Powered by MiHIN data
- AWS Hosted
- Multi-tenant

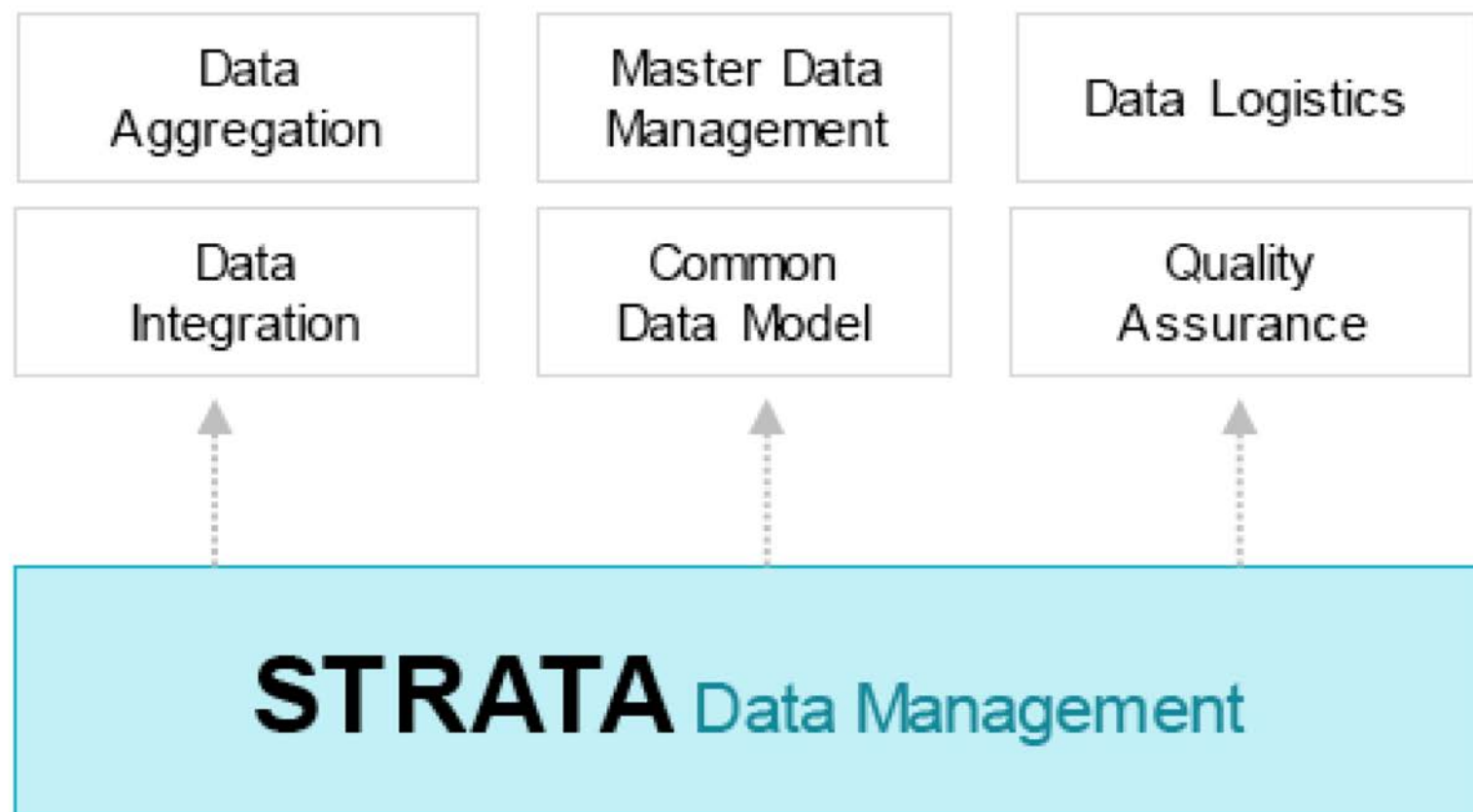
## MiHIN TRANSFORMATION

- Managed Services to create conversion script
- Automated cloud conversion (post implementation)
- Foundational step for comparative research & analysis

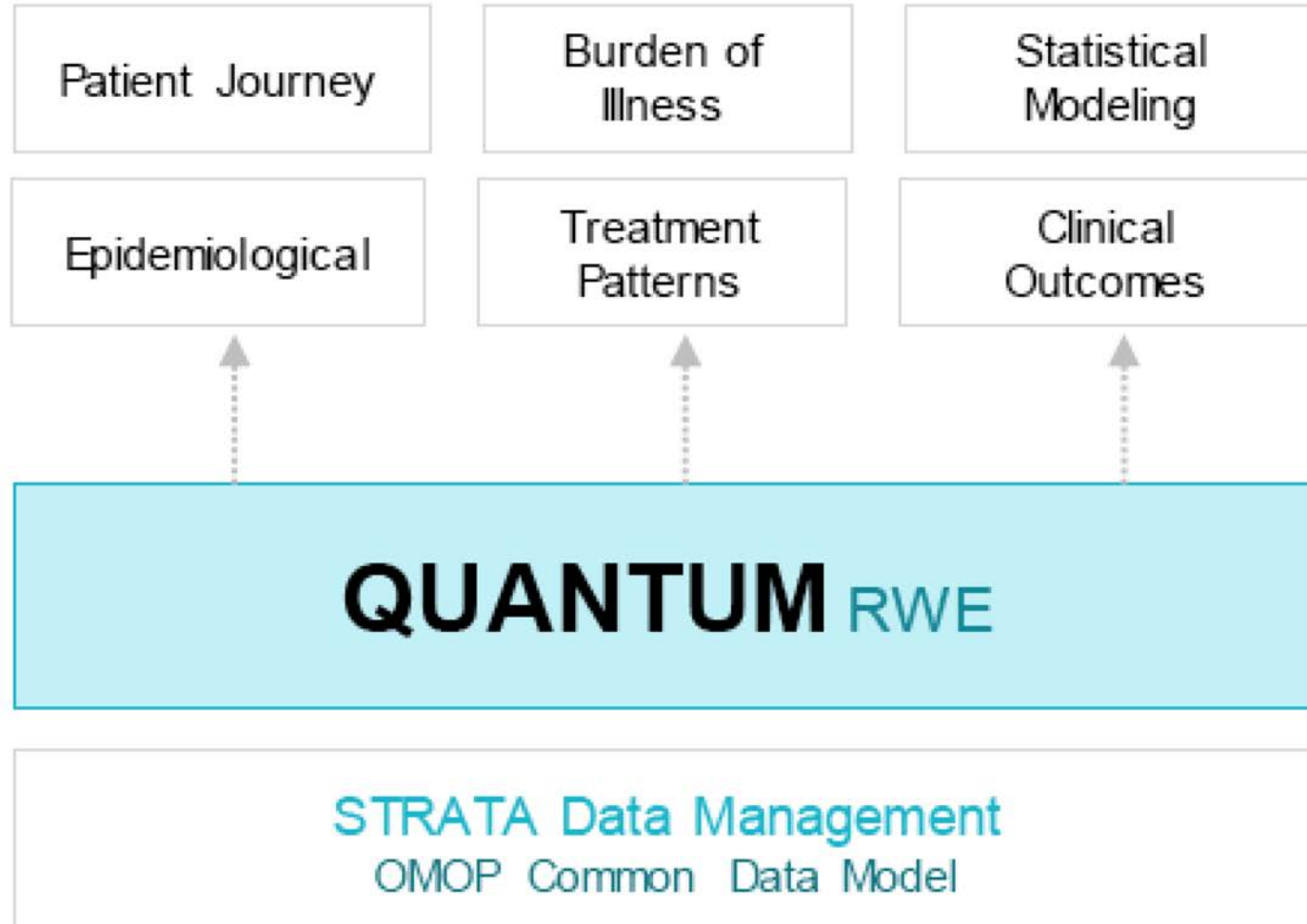
## PHOENIX DATA MANAGEMENT PLATFORM

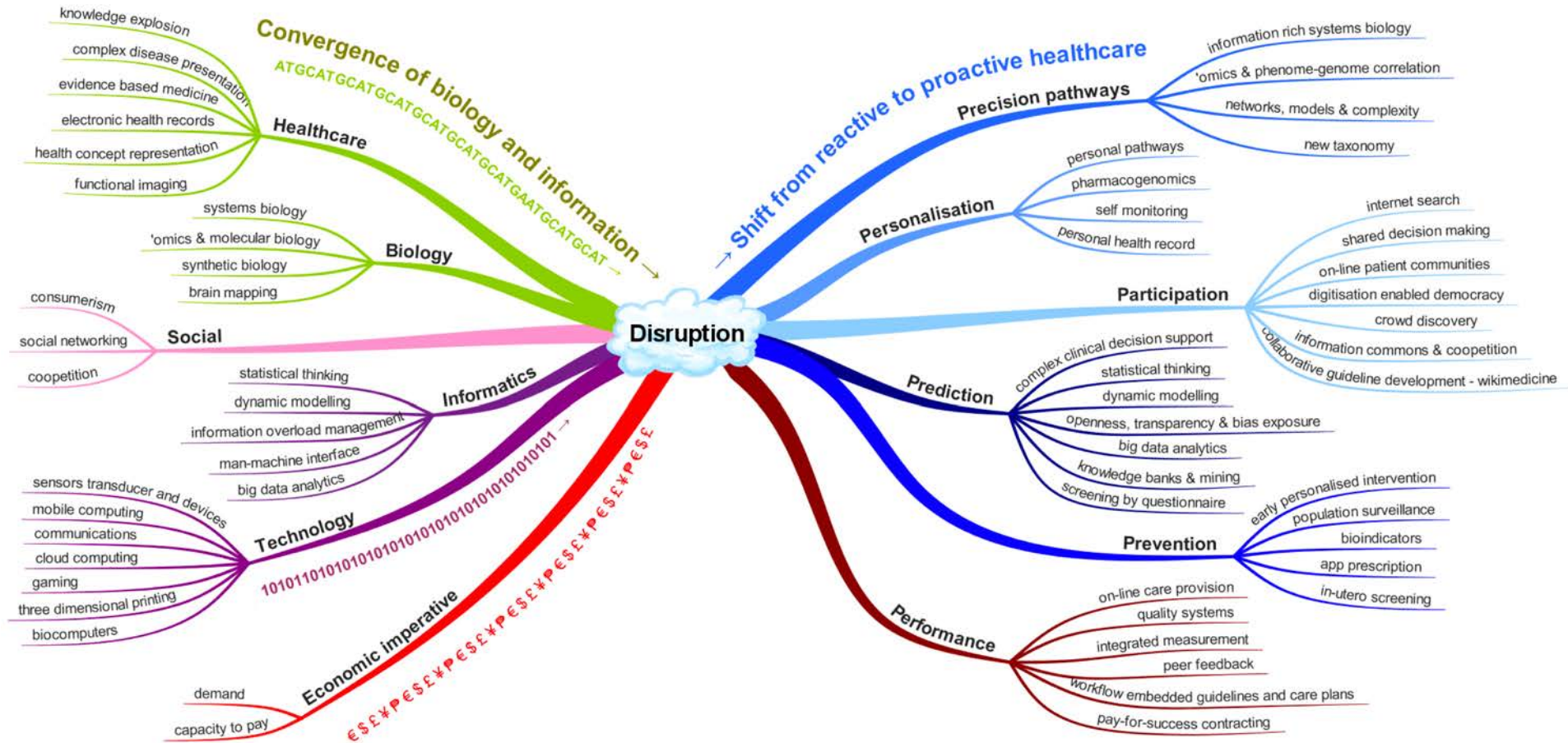
- Multi-source automated aggregation, integration
- Data layer powering Quantum for RWE research
- Business rules governing data access and usability
- End-to-end Quality Assurance
- Cloud redundancy

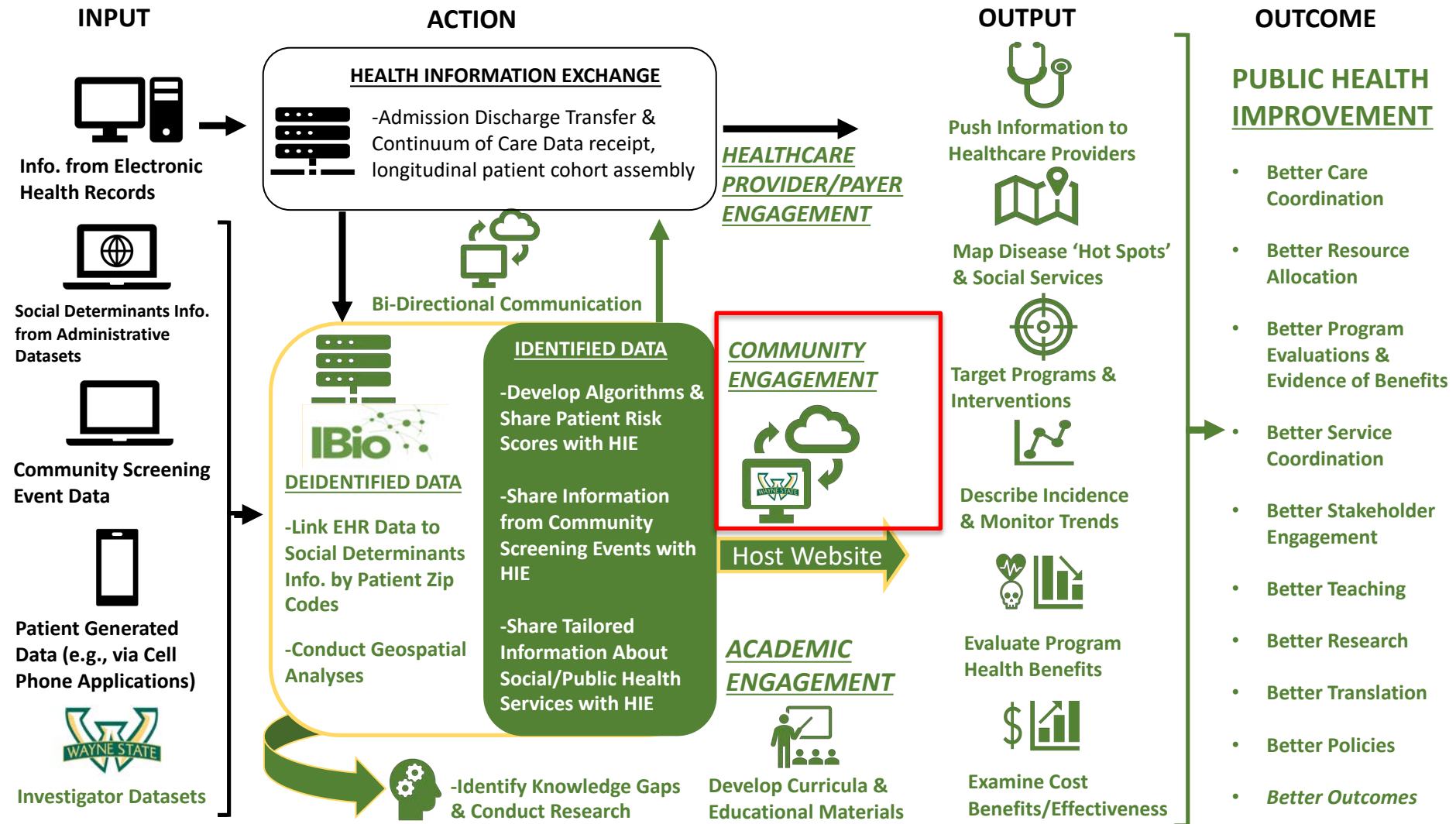
# Cloud Data Management



# Real World For Public Health









# You're invited to a COMMUNITY CARDIOVASCULAR CONVERSATION



Do you have **high blood pressure**?  
The American Heart Association  
& Wayne State University want  
to hear from **YOU**.



For information & to RSVP (by March 2),  
email [Whitney.Coleman@heart.org](mailto:Whitney.Coleman@heart.org)  
Participants will receive a pre-event survey due Mar. 9  
*Limited reservations per county. Sorry, no walk-ins admitted.*



Don't miss this engaging forum focused on blood pressure management. Join us to share your family history, experience with diagnosis, physician/patient communication, barriers to adherence, and more. Let us know what you need from your medical professionals what can help you become the best patient, and what it takes to control your hypertension.

#### Highlights :

- Facilitator led discussions
- Peer conversations
- Your input will remain anonymous

**MARCH 13, 2018**

**6 - 8 p.m. | iBio, Wayne State University**

**6135 Woodward Ave, Detroit, MI 48202**

**FREE EVENT | REFRESHMENTS | RSVP REQUIRED**

[plevy@med.wayne.edu](mailto:plevy@med.wayne.edu)



# MedHealth and the 2020 Summit

Paul Riser, TechTown



[MedHealthInnovation.org](http://MedHealthInnovation.org)

# What Is MedHealth?

- Started in 2015, MedHealth is a regional collaboration **connecting, convening**, and **educating** the medical innovation ecosystem in Southeast Michigan and Southwest Ontario to accelerate the adoption of technologies that improve quality of care and contribute to economic growth.

# Who Is Involved?

- Audacia Bioscience
- Beaumont
- Blue Cross Blue Shield Michigan
- Detroit Economic Growth Corporation
- Detroit Medical Center
- Digital Venture Factory
- Hacking Health
- HealthForward Detroit Regional Chamber
- Henry Ford Health System
- Henry Ford Innovation Institute
- In2being
- Invest Detroit
- Lawrence Technological University
- Michigan Economic Development Corporation
- Michigan State University College of Osteopathic Medicine
- Microsoft Corporation
- Oakland County
- Oakland University OU INC
- Slalom Consulting
- TechTown Detroit
- TransForm Shared Service Organization
- University of Windsor
- University of Michigan Fast Forward Medical Innovation
- Walgreens
- Wayne County
- Wayne State University
- WEtech Alliance

# What Is the MedHealth Summit?

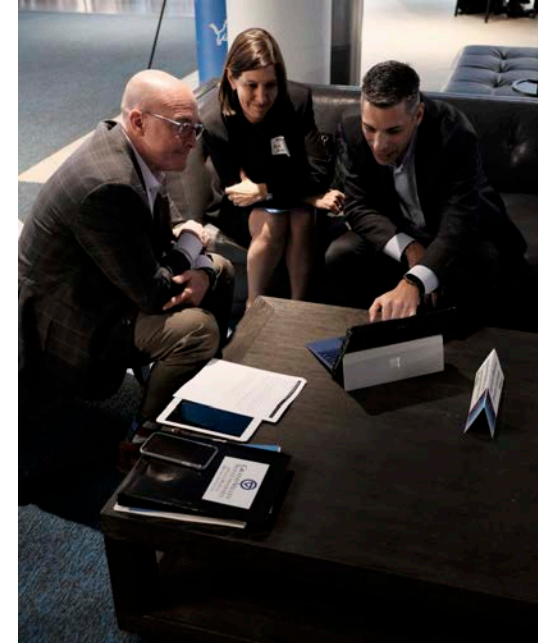
- The MedHealth Summit has changed the way healthcare technology is discovered and sourced by bringing together healthcare organizations, innovators, research institutions, and investors for one-on-one matchmaking meetings and educational programming.
- The Summit catalyzes partnerships and supports the growth of medical-innovation businesses.

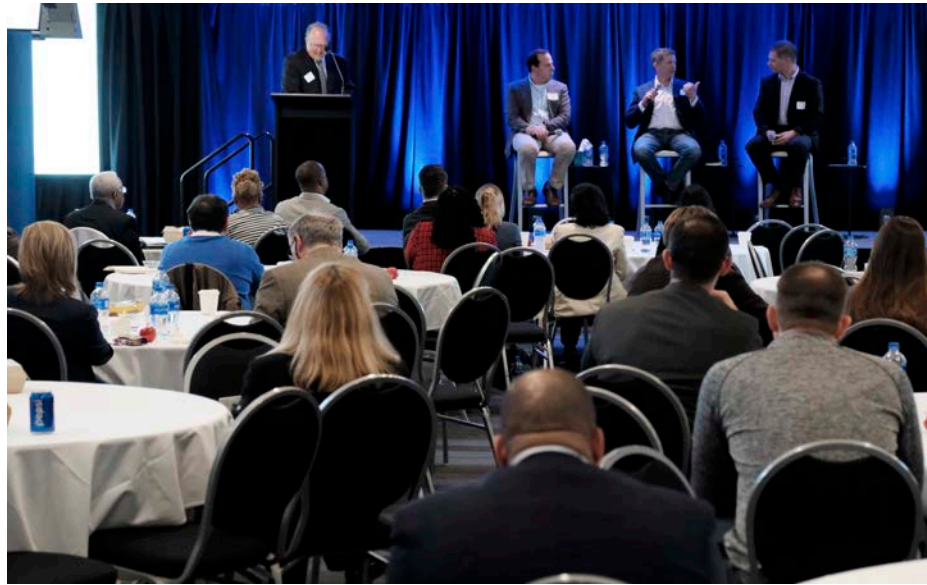
# 2019 Summit Highlights

**350** attendees

**240** meetings between innovators, research institutions, and healthcare organizations

**58** early- and second-stage companies who participated in matchmaking meetings





# What Is Expected for the 2020 Summit?

- Keynote Speaker: Jeff Bennett, high (invited)
- Panel Discussions
- Investor Connections
- Market-ready Matchmaking
- Networking

# Panel discussions

- Developing digital health and medical device innovations to serve population health
- The role of digital health and medical devices in achieving health equity
- Building a supportive and coordinated health system infrastructure for digital health and medical devices
- Consumerism of health and patient data

# Ways to be Involved in the 2020 Summit

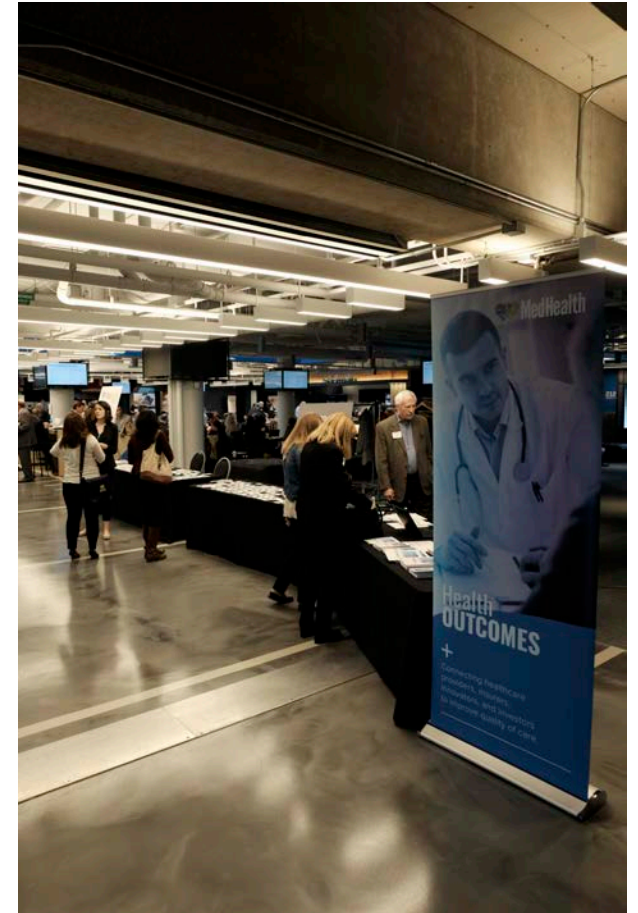
Sara Donally, Slalom Consulting



[MedHealthInnovation.org](https://MedHealthInnovation.org)

# Register to Attend the Summit

This unique event provides healthcare innovation businesses, health providers, research institutes, entrepreneurs, economic developers, insurers, and investors on both sides of the border with an opportunity to network with, learn from, and pitch their innovations to potential supporters and collaborators.



# Become a Sponsor

**PLATINUM SPONSOR \$20,000**

***One available***

## **Benefits**

- Podium acknowledgment
- Premium logo placement on MedHealth Summit webpage
- Premium logo placement on promotional emails
- Premium logo placement on event signage, digital screens, and banners
- Logo in event program
- Lead recognition in all event press releases
- Opportunity to distribute organization handout at registration table
- Opportunity to distribute company-branded swag
- Additional benefits, as determined

# Become a Sponsor

**GOLD SPONSOR—\$10,000**

*Two available*

## **Benefits**

- Podium acknowledgment
- Logo placement on MedHealth Summit webpage
- Logo placement on promotional emails
- Logo placement on event signage, digital screens, and banners
- Logo in event program
- Recognition in all event press releases
- Opportunity to distribute organization handout at registration table

# Become a Sponsor

**SILVER SPONSOR—\$5,000**

*Eight available*

## **Benefits**

- Podium acknowledgement
- Logo placement on MedHealth Summit webpage
- Logo placement on event signage, digital screens, and banners
- Logo in event program

# Become a Host

- Hosts will take part in several meetings with digital health and medical device innovation companies.
- One-on-one matchmaking meetings are selected prior to the Summit.
- After the Summit, host organizations will have the opportunity to conduct follow-up interviews with companies with which they are interested in partnering.

# Want More Information?

MedHealth website: <https://medhealthinnovation.org/>

MedHealth Summit website: <https://medhealthinnovation.org/summit/>

## Contact Information:

**Kristin Hofman, Public Sector Consultants**

[Email: Khofman@publicsectorconsultants.com](mailto:Khofman@publicsectorconsultants.com)

Phone: 517-331-9451

**Kim Rustem, Public Sector Consultants**

[Email: Krustem@publicsectorconsultants.com](mailto:Krustem@publicsectorconsultants.com)

Phone: 517-285-8107



# MedHealth Summit Success Story

Rob Iobani, CoHealth



MedHealthInnovation.org

# Questions?



[MedHealthInnovation.org](http://MedHealthInnovation.org)

# Networking



MedHealthInnovation.org